



FIRE & EMS NEWS

August 2004

Volume 3 – Issue 2

Welcome to the latest issue of the Fire & EMS News! My goal is to provide you with information about your Chabot College Fire Technology Program, the local Fire Departments, in addition to other information that might be beneficial to you in your pursuit of better preparing yourself for the career of your dreams! Some of the highlights of this issue include:

- Congratulations are in order to various Chabot Fire Technology students!
- Firefighter employment opportunity – Alameda Fire Department
- Chabot College Fire Technology Email mailing list information
- Paramedic school entrance examination information
- Firefighter employment opportunities – Biannual FIREHIRE test
- Free Firefighter Oral Board preparation seminar from Captain Bob
- Free Firefighter Preparation seminars

CONGRATULATIONS ARE IN ORDER.....

To the following Chabot College Fire Technology students and/or email mailing list subscribers:

- **EDWARD “CJ” AMIT**, for getting hired as a *Firefighter* with the [San Francisco Fire Department](#).
- **D’MARCUS COOPER**, for getting accepted into the [Alameda County Fire Department Reserve Firefighter](#) program.
- **JARED FRANCHI**, for getting accepted into the [Alameda County Fire Department Reserve Firefighter](#) program
- **CHRIS JOHNSON** for getting hired as a *Seasonal Firefighter* with the [California Department of Forestry](#).
- **MIKE PRESTON**, for getting accepted into the [Alameda County Fire Department Reserve Firefighter](#) program.
- **ROBERT RUBINO** for getting hired as a *Seasonal Firefighter* with the [California Department of Forestry](#).

If you know of anyone I left out, please let me know so I can include them in a future issue!

FIREFIGHTER EMPLOYMENT OPPORTUNITY – City of Alameda Fire Department

The [City of Alameda Fire Department](http://www.ci.alameda.ca.us/fire) is accepting applications for the positions of:

- Firefighter (Entry) and
- Firefighter (Lateral)

Apply quickly – the initial screening to select qualified candidates to continue in the process is August 20, 2004.

TENTATIVE EXAMINATION PROCESS (may be subject to change):

| | |
|--|-----------------------------|
| Application Screening Begins: | Friday August 20, 2004 |
| Writing Skills Test and CPAT Orientation: | Saturday September 11, 2004 |
| CPAT (Candidate Physical Ability Test): | Saturday November 6, 2004 |
| Oral Interviews: | Week of November 13, 2004 |

ABOUT THE ALAMEDA FIRE DEPARTMENT:

The Alameda Fire Department has 116 members. Their mission is to provide a range of programs designed to protect the lives and property of the inhabitants of the City of Alameda from the adverse effects of fires, medical emergencies and exposures to other dangerous conditions.

The Emergency Services Division is responsible for the operation of five fire stations, geographically located to provide immediate emergency response anywhere in the City within approximately three to four minutes. Five Advanced Life Support (ALS) engine companies, two ladder truck companies, three ALS ambulances, one fireboat, one water rescue boat, and a Division Chief are staffed by an on-duty complement of 28 firefighters, 24 hours a day, 365 days a year.

The Fire Prevention Division is responsible for the enforcement of local, state, and national fire codes and regulations. New construction inspection, special event permit approvals, hazardous material inspections, and inspections for code violations are undertaken by Fire Prevention Inspectors. Preventative Services offer a variety of educational programs to the public.

Within Preventative Services is the Office of Emergency Services (O.E.S.). Their mission is to reduce the threat of harm and damage to our community from the effects of disasters.

For additional information regarding the Alameda Fire Department, visit their website at www.ci.alameda.ca.us/fire

THE POSITION:

The City of Alameda Fire Department is currently seeking career-minded individuals who possess fire service experience and whose performance is reflective of their motto “Dedicated to Excellence, Committed to Service.” Alameda’s Firefighters are committed, trained, professionals providing a range of programs to include: fire suppression, fire prevention, ambulance transport, and paramedic services to protect the lives and property of a diverse community of 75,000.

The fire department’s goal is to develop staffing that reflects the rich make-up of the diverse population residing within the City of Alameda. The ideal candidate will possess excellent interpersonal and multi-cultural skills and a strong commitment to providing quality service.

NOTE: By completion of your probation, you are required to live within a 50 minute driving time to your work.

COMPENSATION / BENEFITS:

City of Alameda Firefighters enjoy an array of excellent and competitive benefits, working conditions, and quality of life amenities to include:

Salary: \$54,912 - \$79,872 annually; paramedics start at \$62,842 annually and receive a differential of 12.5%

Future salary increases: 12/26/04, 3%; visit the website for increases through 06/24/2007 at www.ci.alameda.ca.us/hr (bargaining units - IAFF)

PERS Retirement: 3% at 50; employee contribution of 9%

Retirement Health/Dental: Reimbursed up to 2 party PERS rate

Uniform allowance: \$710 per year

Educational incentive: Up to \$100 / month after completion of probation

Flexible benefit allowance (health, dental, and life): up to \$949 per month

Vacations: Range from 2 to 5 weeks, depending on length of service (2 weeks max carryover)

Holidays: 5% in lieu of time off

Bilingual pay: \$42 per month for certified individuals

Sick leave: Unlimited accrual at the rate of 12 hours per month

Ambulance: Receive 7.5% of Firefighter top step, base pay if assigned

MINIMUM QUALIFICATIONS / LICENSE GUIDELINES:

For ENTRY level applicants:

- Possession of **OR** ability to maintain a valid State of California Driver’s License, as prescribed by law, appropriate to drive and operate all types of fire apparatus in the department. A California Class B Non-commercial Driver’s License with endorsements for tank and air brakes must be obtained by completion of employee probation period. Candidates must have a satisfactory driving record as a condition of initial and continued employment.

For ENTRY and LATERAL applicants:

- High School Diploma or equivalent and at least 18 years of age at time of filing date.

- Current EMT (or higher) certification.
- Physical and mental health – must meet standards required to perform duties of this position. Typically this includes: demonstrating a state of physical and mental health consistent with the ability to perform assigned duties; normal hearing or hearing corrected to normal levels; normal vision or vision corrected to 20/20 in each eye; color vision sufficient to identify color coded lights, placards, signs, maps, hydrant caps, sprinklers, etc. plus smoke and flame colors used in identifying combustibles, their location and potential and participation in a wellness/fitness program.

For LATERAL applicants:

- A minimum of one year of experience as a sworn Firefighter/EMT **or** Firefighter/Paramedic in a professional fire department in the United States. At time of filing, there can be no more than a six-month lapse of employment as a firefighter to be eligible for inclusion on the list.

Desirable qualifications for both entry and lateral positions:

- Current State of California EMT-P certification (paramedic license) **or** National Registry EMT-P **or** enrolled in an accredited paramedic program.
- State of California Firefighter Class B non-commercial driver's license with endorsements for tank and airbrakes.
- NOTE: If you possess any of the above certificates, you MUST submit them with your application!

SELECTION PROCESS:

- Applications will be screened to select candidates meeting the Minimum Qualifications/License Guidelines and to determine those best qualified to continue in the exam.
- **Writing Skills Test** (weighted pass/fail)
- **Candidate Physical Ability Test (CPAT):** Candidates who successfully pass the writing skills test will be invited to participate. If you have taken and passed the CPAT within the past 12 months at the time of filing the application and can provide written documentation from the testing agency, you may request a waiver. Verification must be attached to the application. A CPAT Candidate Guide is available to download from the website at www.ci.alameda.ca.us/hr or one will be provided to you at the CPAT orientation.
- **Structured Oral Interview:** Candidates who successfully complete the CPAT will be invited to interview before an appraisal panel. Those who pass the interview, based on an oral score of 70% or better will be placed on a tentative eligible list for firefighter.

Continued placement on the Eligible List depends on successful completion of the following:

- **Swim Test** (Qualifying): 50 yard swim to be scheduled at a later date.
- **Background Investigation** (Qualifying): A thorough investigation of personal history, including but not limited to work history, education, military, arrest record, etc. will be conducted on all those candidates certified to the fire department.

Departmental appointment: Candidates certified from eligibility lists to the Fire Department will be interviewed by the Department Hiring Authority and complete a practical exercise for possible appointment to the job.

- **Medical Appointment** (Qualifying): All candidates appointed to the position of Firefighter must complete a required medical examination, which includes drug and alcohol testing.
- **Psychological Examination** (Qualifying): In addition, a psychological examination may be administered prior to appointment.

TWO WAYS TO APPLY FOR THE POSITIONS:

Option 1: utilize their online service (recommended)

Option 2: download forms that you can print out and deliver by mail

NOTE: both of the above options are available on their city website at www.ci.alameda.ca.us/hr/recruitments.html

MORE INFORMATION:

Go to their city human resources website section at www.ci.alameda.ca.us/hr/recruitments.html and you can view the flyers for each of the positions as well as apply for the positions.

CHABOT FIRE EMAIL LIST

Many of you that read this monthly newsletter are already the Chabot College Fire Technology & EMS email mailing list, some of you are not. Some of you may even have sent me an email stating your interest and have not received any emails. Typically I send out at least one email a week (on the average). Sometimes I can send out five to ten emails in a day, depending on the information that I come across. If you are wondering about what the email mailing list consists of, here is some more information:

- Are you interested in staying up to date with what is going on in the Fire & EMS world?
- If so, have you considered signing up for the Chabot College Fire Technology & EMS e-mail mailing list?

Benefits of being on this FREE mailing list include:

- Notification of fire and EMS employment opportunities
- Notification of when the new monthly issue of the Chabot College Fire & EMS News is available
- Notification of various newsworthy items relating to fire and EMS that might have occurred nationwide
- Notification of volunteer opportunities

- Notification of information that is relevant to YOUR fire technology and EMS program at Chabot College
- Your name and email address will NOT be shared with anyone. I promise to keep it confidential.

If interested in taking advantage of this excellent and FREE opportunity, please email me at sprziborowski@aol.com & let me know of your interest in being on the mailing list.

Feel free to pass this on to other individuals you might feel may benefit from this opportunity. You do not have to be a current Chabot College Fire Technology or EMS student to be on the mailing list.

So, if you have signed up for the email list and have not received anything from me (I use my sprziborowski@aol.com email address to send out the emails) in the last month or so, then there is a problem with the system. Typically I've noticed the folks with yahoo or hotmail email addresses are the ones having the problems. Why, I don't know. Since there are about 500 people on the email list, some email providers might think what I'm sending out is spam (since I'm mass mailing the information). If you're not receiving emails, you can either give me another email address that is not yahoo or hotmail, communicate with a friend who you know is already on the email list and have them let you know when I send out stuff, or you can try the two preventative maintenance fixes:

Hotmail Email mailing list fix:

To put your address on a "safelist" for hotmail, perform the following steps:

- 1.) Go to the "options" at the upper right corner of the main hotmail screen
- 2.) On the Left side of the screen click "mail". You will be given a list of "mail options". Click on "junk e-mail protection". It should be the first option.
- 3.) Click on "safe lists" and type in the address to mark as safe (SPrziborowski@aol.com). Click "Add" and you are done.

I had a similar problem when I wasn't receiving electronic faxes from a specific address and I think that this is the same situation. I hope this works.

Yahoo Email mailing list fix:

I have been tinkering with my yahoo account and the closest thing that I came up with is changing the filters.

- 1.) Click on "mail options" in the upper right corner.
- 2.) On the "Mail options" page, click on "filters".
- 3.) On the "filters" page click on "Add".
- 4.) For filter criteria, I put that anything with your address in the "from" line, or with "fire" in the subject or "chabot" in the body should be directed to the inbox.
- 5.) Click on "add" at the bottom.

By stating this criteria, it should prevent any mailings with "Prziborowski, Chabot, and

Fire" from being filtered from distribution. I assume that this will work and I hope it does. This is the closest thing that I could find to the hotmail fix.

Thanks to Chabot Fire Technology student Ron Sohn for figuring this out. Hope this helps and solves any problems (if there are any). Thanks for your patience and continued support of the Chabot College Fire Technology Program! If you've been getting your emails ok, then please disregard this.

NOTE: If anyone can think of any other solutions, please feel free to try them and to [email me](#) with your suggestions.

PARAMEDIC SCHOOL ENTRANCE EXAMINATION INFORMATION –Northern California Training Institute (Livermore, Roseville, Santa Barbara, Emeryville, and South Bay locations)

Northern California Training Institute (NCTI) is holding pre-entrance examinations for their upcoming Paramedic classes in:

- **Livermore** - courses to be held on *Tuesdays and Fridays*
- **Roseville** - courses to be held on *Tuesdays and Fridays*
- **Santa Barbara** - courses to be held on *Tuesdays and Fridays*
- **Emeryville** – courses to be held on *Wednesdays and Saturdays*
- **South Bay (San Jose area)** – courses to be held on *days TBA*

Here is more information I downloaded from their website:

NCTI holds the HOBET entrance exam for all paramedic program placements. NO late arrivals are allowed at the exam. Please make arrangements to arrive early. All application information is accessible from the NCTI homepage at www.ncti-online.com – ***Please return all materials prior to the test date!***

COURSE DESCRIPTION

This course fulfills all of the training requirements set forth by the State of California for Mobile Intensive Care Paramedics. Upon successful completion of this course, students will be eligible to take the National Registry Exam which NCTI hosts throughout the year at our Roseville Campus. This certification can lead to employment in a wide range of fields, to include ambulance or fire paramedic, E.R. technician, special functions paramedic, sporting events, concerts, etc. NCTI is owned by American Medical Response, Inc. (AMR) and direct employment referrals are a benefit reserved for NCTI students.

TO QUALIFY FOR ADMISSION APPLICANTS MUST:

- Be at least 18 years of age
- Have a high school diploma or GED certificate
- Complete an approved Anatomy and Physiology course within the last 5 years

- Possess a current CPR card and a current EMT-1 or EMT II certification
- Applicants whose certification expires less than twelve (12) months prior to the enrollment date are also eligible

SCHEDULE OF TRAINING

PHASE I - (Didactic & Lab)

400 Hours (approx. 6 months)

Course days and times will be announced at a later date.

PHASE II - (Clinical Rotations)

160 Hours (approx. 2 months)

individually, as arranged for each student, at one of several acute care hospitals in the area.

Guaranteed placement by NCTI.

PHASE III - (Field Internships)

480-720 Hours (approx. 4 months)

Depending on experience and performance individually, as arranged for each student.

Guaranteed placement by NCTI. (This is a key selling point when shopping around for paramedic schools!)

DESIRABLE QUALIFICATIONS General knowledge of first aid and the ability to handles stressful situations and/or prior experience as an EMT with an ambulance or fire service provider agency.

ADMISSION TESTING \$50.00 entrance exam fee (non-refundable / non-transferable)

COURSE FINANCING Tuition may be paid by check, money order, Visa, MasterCard, American Express, or Discover.

COURSE CHARGES AND FEES Total cost of course: \$7,400.00

TESTING DATES & TIMES

For their **Paramedic Course** that will be held in Livermore, CA, the examination dates are:

- Wednesday September 1, 2004 – 9:00 am to 12:00 pm at their Livermore Classroom
- Wednesday September 8, 2004 – 1:00 pm to 4:00 pm at their Livermore Classroom
- Wednesday March 2, 2005 – 9:00 am to 12:00 pm at their Livermore Classroom
- Wednesday March 9, 2005 – 1:00 pm to 4:00 pm at their Livermore Classroom

For their **Paramedic Course** that will be held in Roseville, CA, the examination dates are:

- Wednesday November 3, 2004 – 9:00 am to 12:00 pm at their Roseville Classroom
- Wednesday November 10, 2004 – 1:00 pm to 4:00 pm at their Roseville Classroom
- Wednesday February 2, 2005 – 9:00 am to 12:00 pm at their Roseville Classroom
- Wednesday February 9, 2005 – 1:00 pm to 4:00 pm at their Roseville Classroom

For their **Paramedic Course** that will be held in Emeryville, CA, the examination dates are:

- Wednesday January 5, 2005 – 9:00 am to 12:00 pm at their Livermore Classroom
- Thursday January 12, 2005 – 1:00 pm to 4:00 pm at their Livermore Classroom

For their **Paramedic Course** that will be held in Santa Barbara, CA, the examination dates are:

- Wednesday February 16, 2005 – 1:00 pm to 4:00 pm at the Santa Barbara EMS Agency
- Thursday February 17, 2005 – 9:00 am to 12:00 pm at the Santa Barbara EMS Agency

FOR MORE INFORMATION - Visit their website at www.ncti-online.com – also, for links to those above tests and classes, [CLICK HERE](#).

This is not meant to be an endorsement or recommendation of their program. It is listed as a service and a resource for you to evaluate and determine on your own.

BAY AREA FIREFIGHTER TESTING OPPORTUNITIES – FIREHIRE

FIREHIRE is going to be accepting applications for Firefighter, Firefighter / EMT and Firefighter / Paramedic positions September 1 through September 30, 2004. For a list of departments that will be hiring off of this list, take a look at the list on the next page.

Benefits of taking this test include:

- You're only taking one test (as opposed to separate tests for each fire department)
- The hiring list will be in effect for one year
- There is a chance other fire departments will hire off of this list

To participate in the entry-level firefighter examination process, you must possess or meet the following minimum requirements:

- High school diploma or GED
- At least 18 years old
- California Drivers License – Class “C”
- Proof of citizenship or legal ability to work in the U.S.

You may be wondering, is any fire department going to be hiring? Of course! While the California budget crisis has impacted a number of their clients, and there are some agencies that do not have or do not anticipate any openings in the next fiscal year, there are going to be some departments that will be hiring.

Why then would a department participate if they were not planning on hiring? Well, number one, things can and do change. Just because a department does not have any openings as of this moment, does not mean that situation cannot change over night. Firefighters retire, firefighters get injured, firefighters quit (usually to go to other departments), many times without any advance notice to the department. Number two, many fire departments are required to keep a

current, active hiring list because of their civil service rules or union contract. Even if they do not anticipate hiring, many departments still have to have a current list. Why is that so? Well, just like number one, things can and do change. Additionally, it allows them to get the most current “best-of-the-best” candidates out there.

Even though fire departments are facing severe (or potentially severe) budget shortfalls, it does not mean they won’t ever hire again. Departments will have to hire at some time in the future to fill vacancies from retirements, permanent injuries, etc. The question is when, and **the bottom line is that if you are not actively testing and on the current hiring list, you do not stand a chance at getting a badge!**

The financial situation in the State is very dynamic and it is just a matter of time when it gets better (when exactly is anyone’s guess). If you decide not to test because of the budget problems, that is your choice. Many candidates have told me that they think tests like this one and CPS are “scams” because they haven’t heard of anyone getting hired off of the list. Well, look at it this way. The Department I work for **ONLY** uses the annual [Cooperative Personnel Services](#) Bay Area Firefighter Recruitment (which is uncertain for 2004; we also might be using a different agency for our next recruitment – details to follow) to hire people from. If you did not take that exam last year (or the next time it is offered, assuming there is a next time), **YOU WILL NOT GET HIRED AT MY DEPARTMENT!** It is that simple. Many departments **ONLY** hire candidates from the [Firehire](#) testing process. So, if you don’t take the test, you don’t stand a chance.

Some of the fire departments might have other requirements (view the Firehire web site at www.firehire.com for more specific information) such as:

- EMT
- Paramedic
- Firefighter – 1 Academy
- Firefighter – 1 Certificate

For application materials or more information, visit their website at www.firehire.com or if you do not have internet access, call them at 1-800-755-5891.

The examination process consists of the following:

- Completion of the application packet that is sent to you by FIREHIRE
- Written examination – 130 question test which you must pass with a score of at least 70%. There are 65 EMT questions from the AAOS Emergency Care and Transportation of the Sick and Injured, 7th Edition textbook, and 65 firefighter questions from the IFSTA Essentials of Firefighting, 4th Edition textbook. This portion of the exam is weighted 75% of your total score. **The Written examination is scheduled to be given on Saturday October 30, 2004 at The San Rafael Community Services Auditorium at 618 B Street in San Rafael, CA.**

- Physical Ability Test – this portion is pass / fail. It will be the Candidate Physical Ability Test (CPAT), tentatively scheduled to be administered in May after the written examination. For more detailed information on the CPAT, [CLICK HERE](#).
- Emergency Medical Assessment Center – this event consists of a patient involved in a trauma and/or medical setting. The treatment is commensurate with your level of training. There are critical care criteria points that must be addressed or it is an AUTOMATIC FAILURE. You are graded on the criteria established by the National Registry of Emergency Medical Technicians. This event is weighted 25% of your total score.

The following fire departments are expected to be participating (based on the information I had available at the time I printed this document) in this recruitment and will be using the list that is established to hire for open positions:

Fire Department

- [Albany Fire Department](#) –
- [Burlingame Fire Department](#) –
- [El Cerrito Fire Department](#) –
- [Foster City Fire Department](#) –
- [Fremont Fire Department](#) –
- [Half Moon Bay Fire District](#) –
- [Kentfield Fire Protection District](#) –
- [Larkspur Fire Protection District](#) –
- [Millbrae Fire Department](#) –
- [Novato Fire Protection District](#) –
- [Oroville Fire Department](#) –
- [Petaluma Fire Department](#) –
- [Piedmont Fire Department](#) –
- [Redwood City Fire Department](#) –
- [Ross Valley Fire Authority](#) –
- [San Bruno Fire Department](#) –
- [San Mateo Fire Department](#) –
- [San Rafael Fire Department](#) –
- [San Ramon Fire Protection District](#) –
- [South County Fire Authority](#) –
- [South Lake Tahoe Fire Department](#) –
- [Woodside Fire District](#) –

Positions available

- Firefighter/Paramedic
- Firefighter/EMT & Firefighter/Paramedic
- Firefighter/Paramedic
- Firefighter/EMT & Firefighter/Paramedic
- Firefighter
- Firefighter/Paramedic
- Firefighter/EMT
- Firefighter/EMT
- Firefighter/EMT & Firefighter/Paramedic
- Firefighter/Paramedic
- Firefighter/EMT & Firefighter/Paramedic
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- Firefighter/EMT & Firefighter/Paramedic
- Firefighter/EMT & Firefighter/Paramedic
- Firefighter/Paramedic
- Firefighter/EMT & Firefighter/Paramedic
- Firefighter/Paramedic & FF/P Trainee
- Firefighter/Paramedic

I believe that the **Fremont Fire Department** is the only Fire Department **NOT** requiring EMT, Paramedic, Firefighter 1 Academy, or Firefighter 1 Certification. So you have no excuse to NOT take the exam, even if you are just starting out!

To join the **FREE** FIREHIRE mailing list and find out about their latest updates, go to www.firehire.com/mail_list.htm

WHAT IS KEEPING YOU FROM GETTING YOUR FIREFIGHTER BADGE?



On Sunday October 24, from 1:00 pm until 3:00 pm, “Captain Bob” Smith will be providing a **FREE** Oral Interview seminar. This will occur at **Chabot College** in **room 916**. Captain Bob is a retired Captain from the Hayward Fire Department who has been on numerous interview panels and has helped countless candidates obtain their badges. He will provide you with tips on how to better prepare yourself for the oral interviews you will be taking or have already taken and not done as well as you possibly could have on. Remember that the oral interview is probably the **MOST** important phase of the firefighter hiring process since most fire departments score this portion 100% of your total score.

Why should you attend? To learn step by step, everything you need to know in the process, starting with the application, written, physical, oral interview, psych interview, background, polygraph, and medical to gain a badge. You will find the inside “Nuggets”, tips and resources you can’t get anywhere else to shorten the learning curve and the distance between you and that badge. This is information that has helped over 2100 candidates nail their badges!

For more information about Captain Bob, visit his website at www.eatstress.com He has numerous free tips and suggestions to score better on the oral interview. To register for this unique and excellent opportunity, email me at sprziborowski@chabotcollege.edu and let me know how many people plan to attend. Hurry, seats are limited!

Oral interviews are the toughest thing for most people (going for jobs in any line of work, not just the fire department). Why not take this free opportunity to learn at least one new thing? If you learn something that even just raises your score by 1%, it was worth your time to attend!

FREE FIREFIGHTER PREPARATION SEMINARS!

Become a better **firefighter** candidate!

You are invited to attend four FREE seminars to help learn how to better prepare yourself to become a firefighter!

DATES: **Tuesday August 31, 2004 and**
Tuesday October 5, 2004 and
Tuesday October 26, 2004 and
Tuesday November 30, 2004
(You are invited to attend one night, two nights, or all nights - each night will be different).

TOPICS:

August 31 - Oral Interview related information

- Typical types of questions asked in an oral
- How to properly prepare yourself
- Do's and don'ts
- What the oral board is looking for
- Opening / closing statements

October 5 - Firefighter Background Investigation Process

- How to prepare for your background
- Items that will eliminate you from the process
- Documentation / information required

October 26 - Researching fire departments to see who is hiring & to better prepare for their testing process

- Educating yourself on the fire service
- Organizational / time management skills
- Mistakes to avoid in the hiring process

November 30 - Physical Ability Preparation

- How to properly prepare yourself
- Overview of the CPAT

- - Written Examination Preparation

- Test taking strategies
- Resources to improve your scores
- Mechanical ability / aptitude information

NOTE: Topics listed above subject to change.

TIME: 6 p.m. to 9:00 p.m. each night

LOCATION: Chabot College: Room 1908 (In building 1900)
25555 Hesperian Boulevard
Hayward, CA 94545

INSTRUCTOR: Steve Prziborowski - Fire Technology Coordinator at Chabot College and a Captain with the Santa Clara County Fire Department.

**REGISTRATION /
MORE INFO:**

To register, email sprziborowski@chabotcollege.edu or if you do not have internet access, you can leave a message at (510) 723-6851. Please state which session(s) you plan to attend. If you have to cancel after you have signed up for one or both of the seminars, please let me know (common courtesy) so we can give your seat to someone else that might want it. Thank you for your assistance; look forward to seeing you there!

Please visit the Chabot College Fire Technology website at www.chabotfire.com for more information on becoming a firefighter.

CLOSING COMMENTS

I hope you have found this newsletter somewhat valuable. If you have learned one new thing, then I think I've done my job. I truly want to see everyone succeed, and I also really enjoy doing what I do. This program is your program. It can only get better with your assistance. There is an old saying, don't just give me problems – give me solutions! I can't read your minds, so please provide me with feedback. Feel free to contact me if you have any questions or want me to clarify any rumors you might have heard. Thank you very much!

Steve Prziborowski, Fire Technology Coordinator - Chabot College

Office: 510-723-6851, Building 1500, Room 1556

Cellular: 408-205-9006

Fax: 510-782-9315

Email: sprziborowski@chabotcollege.edu

Chabot College Fire Technology & EMS web site: www.chabotfire.com

Chabot College web site: www.chabotcollege.edu

***** PLEASE FEEL FREE TO PASS THIS ON TO YOUR FRIENDS OR CO-
WORKERS*****

The Fine Print:

- If you would like to be added to our mailing list (no, I won't give your email address out to others), email me at sprziborowski@chabotcollege.edu and I will add you to the list. Benefits of being on the mailing list include being notified when the latest Fire & EMS news is published, and being notified of firefighter testing opportunities, volunteer opportunities, or training opportunities.
- If you know of someone who wants to receive this newsletter (as well as other updates) email me at sprziborowski@chabotcollege.edu and I will place them on the mailing list.
- If you want to take your name off of the mailing list, just send me an email at sprziborowski@chabotcollege.edu and in the subject heading, and type in "unsubscribe from mailing list" and I will remove your name.