



## ***FIRE & EMS NEWS***

**November 2004**

**Volume 3 – Issue 5**

**T**o ensure future delivery of the Chabot College Fire & EMS News (as well as other email messages I send out if you are on our email mailing list) to your inbox (not bulk or junk folders) please add our "From" address [sprziborowski@aol.com](mailto:sprziborowski@aol.com) to your address book or e-mail whitelist. It may help to also add Steve Prziborowski as well to your address book to make sure what I send you gets to you.

**W**elcome to the latest issue of the Fire & EMS News! My goal is to provide you with information about your Chabot College Fire Technology Program, the local Fire Departments, in addition to other information that might be beneficial to you in your pursuit of better preparing yourself for the career of your dreams! Some of the highlights of this issue include:

- Chabot Fire email list information
- New firefighter preparation book – “The Aspiring Firefighters Two Year Plan”
- Volunteers needed around the Bay Area – EMS classes
- This month’s testing tip
- FREE Firefighter Preparation Seminar at Chabot College on November 30!
- Spring 2005 registration begins November 4!
- Firefighter employment opportunity – Portland (OR) Fire & Rescue Bureau
- Firefighter employment opportunity – Colorado Springs Fire Department
- Paramedic school entrance exams – classes being held around Northern California!
- Become a member of our Firefighter Instructional Team!

### **CHABOT FIRE EMAIL LIST INFORMATION:**

**I** have noticed that I get many email addresses kicked back because of accounts either being full, disabled, discontinued, over quota, etc. Because of all the rejected email addresses, I typically wait a few weeks to see if the error messages continue. If they do, I usually delete the email address from my email group. **So, if you have not been receiving any emails from me, and you have sent me an email in the past requesting to be on the email mailing list, this may explain why you have not received anything from me!**

**I**f you have not received anything from me, and you think you have signed up, let me know and I will try to see what the problem is. I truly apologize for any inconvenience this may have caused you. If you do not wish to remain on the email list, I respect that. All I ask is that you keep me in the loop

(common courtesy) if you change your email address or you plan to delete your email address, or you just plan to discontinue our email service. Thank you very much in advance for your assistance and understanding!

## **NEW FIREFIGHTER PREPARATION BOOK!**

The latest book from Battalion Chief Paul Lepore of the Long Beach Fire Department is now available! For those of you who are not familiar with who Paul is, you are missing out on an excellent resource. Paul's latest book is titled "**The Aspiring Firefighter's Two Year Plan**" and it is available on his website at [www.smokeyourfirefighterinterview.com](http://www.smokeyourfirefighterinterview.com)

Paul is also the author of another excellent book that every future firefighter should read, titled "Smoke Your Firefighter Interview." I reviewed that book in the December 2003 issue of the Chabot College Fire & EMS News. [CLICK HERE](#) to view that article on page 2. That book is also available on his website, as is other valuable information that will help you in pursuit of your firefighter badge.

Hopefully I will have my copy of the book in the next couple of weeks; if that is the case, I should be able to have a review of the book in the December issue of the Chabot College Fire & EMS News. More to follow.....

## **EMS VOLUNTEER OPPORTUNITIES AROUND THE BAY AREA:**

The [San Francisco Paramedic Association](#) is looking for volunteers for the following upcoming EMS related classes:

### **Pre-Hospital Trauma Life Support Classes - Volunteers Needed**

<b>Dates / Locations / Times:</b>	<ul style="list-style-type: none"><li>-Wednesday <b>November 17</b> from 0700 to 0930 hours</li><li>- Thursday <b>November 18</b> from 1230 to 1730 hours</li><li>-Tuesday <b>December 14</b> from 0700 to 0930 hours</li><li>- Wednesday <b>December 15</b> from 1230 to 1730 hours</li></ul> <p><b>NOTE:</b> All of the above classes will be held at the Bay Model in Sausalito</p>
<b>You will receive:</b>	Valuable experience watching paramedic level (or higher) students perform patient assessments. Learn from their plusses and minuses. You will also receive a free San Francisco Paramedic Association t-shirt and your choice of an SFPA rescue key chain or ALS field guide.

<b>Your role:</b>	As a volunteer, you will be moulaged and designated to role-play a victim of a trauma emergency scenario. Please wear loose, old, comfortable clothing, as you may be on the floor for some scenarios.
<b>Contact person(s):</b>	Call the San Francisco Paramedic Association for more information or to sign-up at (415) 543-1161 (tell them Steve at Chabot sent you) or email them at <a href="mailto:director@sfparamedics.org">director@sfparamedics.org</a> or visit their website section on volunteer opportunities at <a href="http://www.sfparamedics.org/volunteer.htm">www.sfparamedics.org/volunteer.htm</a>

## Advanced Medical Life Support Classes - Volunteers Needed

<b>Dates / Locations / Times:</b>	- Monday <b>November 1</b> from 1230 to 1700 hours - Tuesday <b>November 2</b> from 1030 to 1630 hours  <b>Both of the above classes will be held at the <u>San Jose Fire Department</u></b> -----
	- Thursday <b>November 11</b> from 1230 to 1700 hours - Friday <b>November 12</b> from 1030 to 1630 hours  <b>Both of the above classes will be held at the <u>San Francisco Paramedic Association.</u></b>
<b>You will receive:</b>	Valuable experience watching paramedic level (or higher) students perform patient assessments. Learn from their plusses and minuses. You will also receive a free San Francisco Paramedic Association t-shirt and your choice of an SFPA rescue key chain or ALS field guide.
<b>Your role:</b>	As a volunteer, you will be designated to role-play a victim of a medical emergency scenario. Please wear loose, old, comfortable clothing, as you may be on the floor for some scenarios.
<b>Contact person(s):</b>	Call the San Francisco Paramedic Association for more information or to sign-up at (415) 543-1161 (tell them Steve at Chabot sent you) , register via email at <a href="mailto:director@sfparamedics.org">director@sfparamedics.org</a> or register and see more information on their website at <a href="http://www.sfparamedics.org/volunteer.htm">www.sfparamedics.org/volunteer.htm</a>

### **THIS MONTH'S TESTING TIP**

**H**ow are you finding out about firefighter examinations? If you're waiting for me to list them here or email them to you, you're missing the boat. Don't wait for me to get them to you; that is not my job. It is your job (assuming you want to be a firefighter bad enough) to be proactively looking for departments that are accepting applications.

One of the best ways to find out about firefighter examinations is to pay for a subscription service that notifies when departments nationwide are testing. I'm not here to put them out of business. I'll post jobs that I come across while searching the internet (which I do on a regular basis) or when students send them to me (while they are searching the internet). I do this to motivate you and keep you interested. Two of the best fire service subscription services I recommend are:

[www.firecareers.com](http://www.firecareers.com) (Perfect Firefighter Candidate)

[www.firerecruit.com](http://www.firerecruit.com) (Careers in the Fire Service)

## **FREE FIREFIGHTER PREPARATION SEMINAR!**

**Become a better firefighter candidate!**

\*\*\*You are invited to attend a FREE seminar to help learn how to better prepare yourself to become a firefighter!\*\*\*

**DATE:** Tuesday November 30, 2004

**TOPICS:**

- Oral Interview Related information
  - Typical types of questions asked in an oral
  - How to properly prepare yourself
  - Do's and don'ts
  - What the oral board is looking for
- Paramedic school preparation and overview
- Surviving the probationary period
- Firefighter Background Investigation Process
  - How to prepare for your background
  - Items that will eliminate you from the process
  - Documentation / information required

***NOTE: Topics listed above subject to change.***

**TIME:** 6 p.m. to 9:00 p.m.

**LOCATION:** Chabot College: Room 1908 (In building 1900)  
25555 Hesperian Boulevard  
Hayward, CA 94545

**INSTRUCTOR(S):** Greg Vitz – Captain / Paramedic with the Stockton Fire Department and a past graduate of the Chabot College Fire Technology Program (including the EMT program and the firefighter 1 academy).

Steve Prziborowski - Fire Technology Coordinator at Chabot College and a Captain with the Santa Clara County Fire Department

**REGISTRATION /  
MORE INFO:**

**Registration is not necessary – just show up!** If you require additional information, email me at [sprziborowski@chabotcollege.edu](mailto:sprziborowski@chabotcollege.edu) or if you do not have internet access, you can leave a message at (510) 723-6851. Thank you for your assistance; look forward to seeing you there!

For directions to Chabot College, [CLICK HERE](#).

Please visit the Chabot College Fire Technology website at [www.chabotfire.com](http://www.chabotfire.com) for more information on becoming a firefighter.

## **SPRING 2005 FIRE TECHNOLOGY SCHEDULE**

- **R**egistration for the Spring 2005 semester should begin on Monday November 8. For the most up-to-date registration dates and information, check the [Chabot College](#) main website.

**P**resently, the following fire-technology related courses are going to be offered this Spring:

<b>COURSE</b>	<b>DAY</b>	<b>TIMES</b>
<b>FT 50</b> (Fire Protection Organization)	Monday (am)	0800 – 1150 hours
<b>FT 50</b> (Fire Protection Organization)	Monday (pm)	1800 – 2150 hours
<b>FT 51</b> (Fire Operations)	Wednesday (am)	0900 – 1150 hours
<b>FT 52</b> (Firefighter Safety/Public Education 1) <i>**State Fire Marshal certificate course</i>	Tuesday (am)	0900 – 1150 hours
<b>FT 52</b> (Firefighter Safety/Public Education 1) <i>**State Fire Marshal certificate course</i>	Wednesday (pm)	1800 – 2050 hours
<b>FT 53</b> (Fire Behavior & Combustion)	Tuesday (pm)	1800 – 2050 hours
<b>FT 55</b> (Equipment & Systems)	Thursday (pm)	1830 – 2120 hours
<b>FT 90A</b> (Firefighter 1 Academy) <b>**Must also be registered in FST 90B and 90C**</b>	Tue & Thurs (pm) Saturday (all day)	1700 – 2050 hours 0830 – 1650 hours
<b>FT 90B</b> (Firefighter 1 Academy) <b>**Must also be registered in FST 90A and 90C**</b>	Tue & Thurs (pm) Saturday (all day)	1700 – 2050 hours 0830 – 1650 hours
<b>FT 90C</b> (Firefighter 1 Academy) <b>**Must also be registered in FST 90A and 90B**</b>	Tue & Thurs (pm) Saturday (all day)	1800 – 2150 hours 0830 – 1650 hours
<b>FT 91A</b> (Wildland Interface Firefighting) <b>Note: DATES TBA (look in the schedule for the latest dates)</b>	Tue & Thurs (pm) Saturday (all day) Sunday (all day)	1800 – 2150 hours 0800 – 1650 hours

<b>COURSE</b>	<b>DAY</b>	<b>TIMES</b>
<b>FT 91B</b> (Haz Mat 1 <sup>st</sup> Responder-Operations) <b>Note: DATES TBA (look in the schedule for the latest dates)</b>	Tue & Thurs (pm) Saturday (all day) Sunday (all day)	1800 – 2150 hours 0800 – 1650 hours
<b>FT 91C</b> (I-200; Basic ICS) <b>Note: DATES TBA (look in the schedule for the latest dates)</b>	Tue & Thurs (pm) Saturday (all day)	1800 – 2150 hours
<b>FT 95</b> (Work Experience ) <b>**Must also be registered in FT 96**</b>	TBA	TBA
<b>FT 96</b> (Work Experience Seminar) <b>**Must also be registered in FT 95**</b> <b>Note: Class only meets on the following dates:</b> January 19, 26, March 9, April 13, May 11 and 25.	Wednesday (pm)	1800 – 2050 hours
<b>Health 61</b> (First Responder)	Monday (mid)	1330 – 1820 hours
<b>Health 61</b> (First Responder)	Tuesday (pm)	1800 – 2150 hours
<b>Health 61</b> (First Responder)	Friday (am)	0900 – 1250 hours
<b>Health 81</b> (EMT) <b>**Must also be registered in Health 83**</b>	Wednesday (all day)	0800 – 1650 hours
<b>Health 83</b> (Extrication and Triage) <b>**Must also be registered in Health 81**</b>	Saturday (one day only – TBA)	0830 – 1620 hours
<b>Health 9909</b> (EMT Refresher) <b>Note: April 25, 27, 30, May 2, 4, and 7</b>	Mon & Wed (pm) Saturday (all day)	1800 – 2200 hours 0800 – 1700 hours
<b>PE2FSC</b> (Fire Science Conditioning)	Mon & Wed (mid)	1300 – 1415 hours
<b>PE2FSC</b> (Fire Science Conditioning)	Tue & Thu (mid)	1300 – 1425 hours

**NOTE:**

The above information is to the best of my knowledge as of the time this went to print. For the most up-to-date information (including room numbers & registration numbers) regarding Spring 2005 scheduling, check the Chabot College web site at [www.chabotcollege.org](http://www.chabotcollege.org)

Firefighter 1 academy registration (Fire Technology 90A, 90B, 90C) begins on November 4; I would imagine this program will probably fill up a few hours after registration begins. At the worst case scenario, it will fill up the second day after registration begins. What does this mean for you if you want to get into the academy? It means you have to have a DAY 1 PRIORITY NUMBER. The college does registration by the way of priority number. Those folks with the highest priority numbers register first. To learn more about how you can get a high priority number and increase your chances of registering into the academy, go to the main college website at [www.chabotcollege.edu](http://www.chabotcollege.edu) and go to the SPRING 2005 registration section. Once there, look for registration dates and priority numbers. Good luck!

**M**y suggestion to everyone is to register as soon as you are eligible to. Classes fill up very quickly, and I with more people wanting to become firefighters, I don't see our numbers of students decreasing, only increasing. I would have liked to offer more classes in the summer time and in the fall; however the state budget crisis does not appear to be going away anytime soon. I think we are very fortunate if we get to keep the above courses that I have scheduled. Also, if you are registered in the Chabot College system, you are eligible to take classes at Las Positas College in Livermore as well. Just because one class is full (or does not fit your schedule) at Chabot doesn't mean it isn't being offered at

Las Positas. When you register for classes on the Chabot College website, you can see both schedules – Chabot and Las Positas.

## **FIREFIGHTER EMPLOYMENT OPPORTUNITY – Portland, OR**

### **City of Portland, OR - FIRE FIGHTER TRAINEE**

Approximate Hourly Salary: **\$10.60**

#### **THE POSITION**

Employees assigned to positions in this classification learn the knowledge, skills and abilities that are needed to become a firefighter. Employees occupying these positions are responsible for participating in on-the-job training, and directed self-study in order to acquire and maintain proficiency in the knowledge, skills and abilities needed to perform the tasks of firefighter as well as have the ability to effectively utilize many types of tools and equipment. Incumbents receive training in fire fighting skills by practicing drills and evolutions necessary to become proficient in fire fighting tasks. Employees who do not have an EMT-B Certification will receive instruction in a classroom setting in order to receive the knowledge necessary to become certified as an Emergency Medical Technician-Basic in the State of Oregon . Employees will learn fire-fighting theory so that it may be applied to fire fighting tasks. The successful candidate will participate in the Firefighter Trainee Program.

#### **TO QUALIFY**

- Must be 18 years of age at the time of appointment
- Have a High School Diploma or equivalent at the time of appointment
- Possess a valid driver's license and an acceptable driving record
- Ability to successfully complete a medical and physical examination
- Ability to successfully pass an in-depth background investigation

#### **THE EXAMINATION PROCESS**

A written multiple-choice examination designed to test general knowledge, skill and ability for fire fighting. The test will be held **Thursday, November 18, 2004** . **The written examination will be held at the OREGON CONVENTION CENTER located at 777 N.E. Martin Luther King Blvd. , Portland , OR 97212** . The examination times will be scheduled based on the **first letter of your last name**. Please review the schedule carefully:

**PLEASE BE ADVISED THIS ANNOUNCEMENT SERVES AS YOUR ONLY INVITATION TO THE WRITTEN EXAM.  
THE CITY WILL NOT SEND ANY FURTHER NOTICES REGARDING THE WRITTEN EXAMINATION.**

- Check-in time for A-L 9:00 a.m. - 9:45 a.m.
- Exam Begins 10:00 a.m. - A - L  
Check-in time for M-Z 1:00 p.m. - 1:45 p.m.
- Exam Begins 2:00 p.m. - M - Z

The check in times for each exam will begin 1 hour before the scheduled exam times.

**YOU WILL BE GUARANTEED A SEAT TO THE WRITTEN EXAMINATION FOR THE TIME LISTED BY THE FIRST LETTER OF YOUR LAST NAME. YOU MUST BRING A PHOTO ID TO GAIN ENTRANCE INTO THE EXAMINATION.**

The examination process will consist of three (3) *pass/fail* test phases; a written exam, an oral interview and a physical agility test. Candidates passing the written examination will be invited to the oral interview. If invited, you will receive a written notice of the interview date, time and location. Candidates who successfully pass the written and oral examinations will be invited to the physical agility test designed to simulate tasks actually performed by firefighters and to measure the candidate's physical fitness, strength, stamina and aerobic capacity to perform the job. Candidates who are not successful in completing the Physical Agility Test will no longer be under consideration. Candidates who are successful in completing the Physical Agility Test will have their names placed on an Unranked Eligible List for further consideration. The Fire Chief's selection panel will interview, select and hire from the candidates on the unranked list.

Applicants must submit the following:

**City of Portland's Scannable Application Form** ([Internet Applicants will complete this form online.](#) This form is not available to download or view.)

All completed applications for this position must be in the possession of the Portland Bureau of Human Resources no later than **4:30 p.m. , Friday, November 5, 2004 . Sorry, we are unable to accept Faxed applications .**

Minorities, women, and qualified individuals with disabilities are urged to apply. If you wish to identify yourself as an individual with a disability under the Americans With Disabilities Act of 1990 and will be requesting accommodation, the requests must be made to the Analyst(s) named below or to the Human Resources Bureau Receptionist **No Later Than the Closing Date of This Announcement.**

**You may apply for one position ONLY , Fire Fighter Trainee or Fire Fighter/Fire Fighter Paramedic. The decision is up to you. If you choose to apply for more than one you will be disqualified from the examination process. While no experience is necessary for either position, the following are guidelines to help you make your decision .**



	<b>Firefighter Trainee</b>	<b>Firefighter-EMT / Firefighter Paramedic</b>
<b>Starting Salary</b>	\$10.60 per hour	16.55 per hour
<b>Training Period</b>	<ul style="list-style-type: none"> <li>○ 8 weeks for candidates with EMT-B Certification</li> <li>○ 14 weeks for candidates without EMT-B Certifications. If successful, training continues with an additional 40 weeks of training in the Fire Fighter -EMT / Fire Fighter -Paramedic program</li> </ul>	<ul style="list-style-type: none"> <li>○ 40 weeks of training in the Fire Fighter -EMT Fire Fighter - Paramedic program</li> </ul>
<b>Who should apply</b>	<ul style="list-style-type: none"> <li>○ Candidates with limited or no experience, who need training and skill development to qualify as an Entry-level Firefighter - EMT-B</li> </ul>	<ul style="list-style-type: none"> <li>○ Candidates with a background or experience in fire fighting</li> <li>○ Candidates with a background or experience in emergency medicine</li> <li>○ Candidate with a background or experience in Volunteer Fire Fighting</li> <li>○ Candidates with a background or experience in Public Safety</li> <li>○ Candidate with a background, experience or with college-level course work in Fire Science</li> </ul>

**All applicants are required to decide which position they will apply for prior to application submission.**

Bureau of Human Resources	Fire Fighter Trainee - 5206
Teresa Dahrens, Sr Human Resources Analyst (503) 823-4516	Posted: October 18, 2004

## **THE FIRE FIGHTER TRAINEE PROGRAM**

The Firefighter Trainee Program provides 8 to 14 weeks of educational instruction. It is 8 weeks of fire fighter basic training for those selected, who have already obtained certification as an Emergency Medical Technician (EMT-B). Candidates selected who are not certified as an Emergency Medical Technician (EMT-B) must attend an additional six (6) weeks of training to complete the EMT-B course, which is conducted under a partnership with Portland Community College. Trainees who attend and pass the EMT-B course, must also pass an examination and become certified as an EMT-Basic by the Oregon Health Division. Trainees who successfully complete the Fire Fighter Trainee Program are considered for vacancies as Fire Fighter – EMT-Basic. Candidates selected for the trainee program receive a training wage of \$ 10.60 per hour during the program.

### **The Ideal Candidate**

The Fire Fighter Trainee program is designed to attract excellent candidates with limited experience, who need the training and skill development to qualify as an entry-level Fire Fighter-EMT-B. All candidates for this program must demonstrate the capability upon completing the program to become an entry-level Fire Fighter. The profile of a successful candidate for this program will possess the skills, abilities and attributes that include:

- Team Player
- Think and act quickly and effectively in emergency situations
- An ability to successfully interact with multi-cultural populations
- An ability to act in a courteous and respectful manner
- A physical ability to climb ladders, lift heavy objects and to work for prolonged periods in adverse weather conditions
- An ability to understand and follow oral and written directions promptly and accurately

### **REQUIREMENTS OF A GOOD DRIVING RECORD (Criteria must be met by the time of Appointment to the position)**

1. No type "A" conviction during the past thirty-six (36) months and no more than one (1) type "A" conviction during the past sixty (60) months.
2. No more than one (1) type "B" conviction during the past twelve (12) months and no more than two (2) type "B" convictions during the past thirty-six (36) months

<b>TYPE "A" VIOLATIONS</b>	<b>TYPE "B" VIOLATIONS</b>
Driving While Intoxicated	All moving traffic violations that are not listed as type "A" violation.
Reckless Driving	
Speed Contest	

Driving While Suspended	
Driving under the influence of drugs or alcohol	
Hit and Run	
Grand Theft Auto	
Driving while in the possession of an open container of an alcohol beverage	
Aggravated assault with a motor vehicle	
Negligent homicide arising out of the use of a motor vehicle (gross negligence)	
Using a motor vehicle for commission of a felony	
Permitting a non-licensed person to drive	

To apply online or find out more information about how to obtain an application or about the position, [CLICK HERE](#).

For more information about the Portland Fire & Rescue Bureau, [CLICK HERE](#).

***FIREFIGHTER EMPLOYMENT OPPORTUNITY – Colorado Springs, CO***

The [Colorado Springs \(CO\) Fire Department](#) will be accepting applications until November 5, 2004!

**Important dates for their 2004-2005 Entry Level Firefighter Testing Process:**

- October 25 – November 5, 2004:** Applications available online
- November 26, 2004:** Deadline for minimum qualification documentation. Candidates must have a valid EMT-Basic and CPAT completion certificate by January 10, 2005.
- December 1, 2004:** Letters to candidates with test date, time, and study guide.
- January 10 – 14, 2005:** Testing (written and oral board)
- Week of January 17, 2005:** Letters sent to candidates with their band placement.

For more information about the Colorado Springs Fire Department, [CLICK HERE](#).

**PARAMEDIC SCHOOL ENTRANCE EXAMINATION INFORMATION –Northern California Training Institute (Livermore, Roseville, Santa Barbara, Emeryville, and South Bay locations)**

Northern California Training Institute (NCTI) is holding pre-entrance examinations for their upcoming Paramedic classes in:

- **Livermore** - courses to be held on *Tuesdays and Fridays*
- **Roseville** - courses to be held on *Tuesdays and Fridays*
- **Santa Barbara** - courses to be held on *Tuesdays and Fridays*
- **Emeryville** – courses to be held on *Wednesdays and Saturdays*
- **South Bay (San Jose area)** – courses to be held on *days TBA*

**Here is more information I downloaded from their website:**

NCTI holds the HOBET entrance exam for all paramedic program placements. NO late arrivals are allowed at the exam. Please make arrangements to arrive early. All application information is accessible from the NCTI homepage at [www.ncti-online.com](http://www.ncti-online.com) – *Please return all materials prior to the test date!*

**COURSE DESCRIPTION**

This course fulfills all of the training requirements set forth by the State of California for Mobile Intensive Care Paramedics. Upon successful completion of this course, students will be eligible to take the National Registry Exam which NCTI hosts throughout the year at our Roseville Campus. This certification can lead to employment in a wide range of fields, to include ambulance or fire paramedic, E.R. technician, special functions paramedic, sporting events, concerts, etc. NCTI is owned by American Medical Response, Inc. (AMR) and direct employment referrals are a benefit reserved for NCTI students.

**TO QUALIFY FOR ADMISSION APPLICANTS MUST:**

- Be at least 18 years of age
- Have a high school diploma or GED certificate
- Complete an approved Anatomy and Physiology course within the last 5 years
- Possess a current CPR card and a current EMT-1 or EMT II certification
- Applicants whose certification expires less than twelve (12) months prior to the enrollment date are also eligible

**SCHEDULE OF TRAINING**

**PHASE I** - (Didactic & Lab)

400 Hours (approx. 6 months)

Course days and times will be announced at a later date.

## PHASE II - (Clinical Rotations)

160 Hours (approx. 2 months)

individually, as arranged for each student, at one of several acute care hospitals in the area.

***Guaranteed placement by NCTI.***

## PHASE III - (Field Internships)

480-720 Hours (approx. 4 months)

Depending on experience and performance individually, as arranged for each student. ***Guaranteed placement by NCTI. (This is a key selling point when shopping around for paramedic schools!)***

## DESIRABLE QUALIFICATIONS

General knowledge of first aid and the ability to handle stressful situations and/or prior experience as an EMT with an ambulance or fire service provider agency.

## ADMISSION TESTING

\$50.00 entrance exam fee (non-refundable / non-transferable)

## COURSE FINANCING

Tuition may be paid by check, money order, Visa, MasterCard, American Express, or Discover.

## TESTING DATES & TIMES

For their **Paramedic Course** that will be held in the South Bay (San Jose area), CA, and the examination dates are as follows:

- Wednesday November 17, 2004 – 9:00 am to 12:00 pm at their Livermore Classroom
- Thursday November 18, 2004 – 1:00 pm to 4:00 pm at their Livermore Classroom

For their **Paramedic Course** that will be held in Livermore, CA, the examination dates are as follows:

- Wednesday March 2, 2005 – 9:00 am to 12:00 pm at their Livermore Classroom
- Wednesday March 9, 2005 – 1:00 pm to 4:00 pm at their Livermore Classroom

For their **Paramedic Course** that will be held in Roseville, CA, the examination dates are as follows:

- Wednesday November 3, 2004 – 9:00 am to 12:00 pm at their Roseville Classroom
- Wednesday November 10, 2004 – 1:00 pm to 4:00 pm at their Roseville Classroom
- Wednesday February 2, 2005 – 9:00 am to 12:00 pm at their Roseville Classroom
- Wednesday February 9, 2005 – 1:00 pm to 4:00 pm at their Roseville Classroom

For their **Paramedic Course** that will be held in Emeryville, CA, the examination dates are as follows:

- Wednesday January 5, 2005 – 9:00 am to 12:00 pm at their Livermore Classroom
- Thursday January 12, 2005 – 1:00 pm to 4:00 pm at their Livermore Classroom

For their **Paramedic Course** that will be held in Santa Barbara, CA, the examination dates are as follows:

- Wednesday February 16, 2005 – 1:00 pm to 4:00 pm at the Santa Barbara EMS Agency
- Thursday February 17, 2005 – 9:00 am to 12:00 pm at the Santa Barbara EMS Agency

**FOR MORE INFORMATION** - Visit their website at [www.ncti-online.com](http://www.ncti-online.com) – also, for links to those above tests and classes, [CLICK HERE](#).

**T**his is not meant to be an endorsement or recommendation of their program. It is listed as a service and a resource for you to evaluate and determine on your own.

### **INTERESTED IN BECOMING PART OF OUR INSTRUCTIONAL TEAM?**

**H**ave you ever thought of becoming a fire technology or EMS instructor? While some of you may not be at that point of your career to do so, you may be in the future. Even if you are not qualified or experienced enough to become an instructor today, I highly encourage you to keep the idea in mind for your future. We, like most colleges and private schools that offer fire and EMS programs, are always looking for energetic, qualified, motivated, and knowledgeable folks that want to become a part of our instructional staff.

**T**ypically to become the **primary or lead instructor** of a fire technology or EMS class (such as Health 81 – EMT or Health 61 – EMS First Responder), you have to have the following education and/or qualifications:

- A **two year degree** in ANY subject, and **six years of experience** in the field you are wishing to instruct in.

Or

- A **four year degree** in ANY subject, and **two years of experience** in the field you are wishing to instruct in.

And the following instructor training courses:

- **Fire Instructor 1A and 1B** (each 40 hours in length, and offered through the California State Fire Service Training & Education System / California State Fire Marshal's Office). To view a statewide listing of locations and dates these courses are offered, [CLICK HERE](#) to go to the State Fire Training monthly class schedule where classes like these are listed alphabetically.

Additional desirable qualifications include, but are not limited to:

- **Previous instructional experience** (fire service or non-fire service)

**S**o if you are wondering about whether it is important to actually complete your two year degree and/or continue on to receive a four year degree, then here is one reason to do so. I know there are many fire service and EMS professionals out there who would make excellent instructors in our program; however, if they do not have the education and/or experience, they cannot be considered. Agree with that or disagree with that, but it is what it is.

## **CURRENT INSTRUCTIONAL OPPORTUNITIES AT CHABOT INCLUDE:**

### **EMT instructors (skills instructors):**

The EMT class meets every Wednesday from 0800 until 1700 hours, with our skills lab typically occurring from 1300 to 1700 hours. We run one EMT class in the spring (Jan through May) and one EMT class in the fall (August through December).

We are always looking for quality individuals to add to our instructional staff. Most instructors typically start out by volunteering for a few sessions to see if they really want to become a part of our instructional staff, and if we really want them to be a part of our instructional staff. Yes, the current instructors do have a say in whether or not they will want to work with you.

While volunteering, areas you will be judged on include your ability to get along with others, your interpersonal skills, your oral communication skills, your reliability and dependability, your level of maturity, how well you get along with the students and well they respect you, and how well you know your EMT subjects and skills. The last thing we want to do is hire someone and then find out they are not a good fit or they don't have what it takes to be an instructor. All of the lead (primary) instructors in our program have started out as skills instructors and worked their way into those lead positions, based on their track records, loyalty, dependability, and commitment to our program.

### ***Minimum qualifications:***

- Currently certified EMT or licensed paramedic.
- Ability to commit to certain class days in advance.
- Willingness to share your knowledge, skills, abilities, and experience with energetic college students.
- Ability to come to class prepared to teach, demonstrate, or proctor any EMT skills or subject (we will provide you with a copy of the latest Chabot College EMT skills manual). Ability to be dependable, responsible, and motivated (the students deserve it and depend on you to be the best you can be. We also expect you to be the best you can be).

### ***Desirable qualifications:***

- **Fire Instructor 1A and 1B** (each 40 hours in length, and offered through the California State Fire Service Training & Education System / California State Fire Marshal's Office). To view a statewide listing of locations and dates these courses are offered, [CLICK HERE](#) to go to the State Fire Training monthly class schedule where classes like these are listed alphabetically. If you want to eventually be a lead instructor, you will need to complete these two classes.
- **Instructor certificates / credentials** in any EMS/Fire related subject area, such as CPR or first aid.
- **Previous teaching experience** of ANY type, EMS/Fire or non-EMS/fire related subjects.
- **Past students of the Chabot College EMT Program**
- **EMS experience of some kind, paid or volunteer**

**NOTE:** Even if you do not think you qualify now, please keep this information for future use. Also, even though you may not have any of the desirable qualifications now, do not hesitate to contact Brian Stewart (EMT Program Director – contact information below)

anyway to discuss your interest and present status. Even though you may not qualify now for a paid position, you may still be able to start out as a volunteer, working side-by-side with a current instructor; this will provide you with some volunteer experience that will look good on your resume, sound good on an oral interview, and may eventually lead to a paid position. The hardest part about getting experience is getting experience, or simply said, it is tough to get a foot in the door and get some entry-level experience to better prepare you for future opportunities.

For more information or if you are interested in applying, please contact:

Brian Stewart – EMT Program Director  
Chabot College  
25555 Hesperian Boulevard  
Hayward, CA 94545  
510.299.2508 – Cellular Phone  
[bstewart@chabotcollege.edu](mailto:bstewart@chabotcollege.edu)

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**Firefighter 1 Academy instructors (Lead instructors and skills lab instructors):**

The Firefighter 1 Academy meets every Tuesday and Thursday evening from 1700 until 2100 hours, and Saturdays from 0800 to 1700 hours. We run one Firefighter 1 Academy in the spring (January through April) and one Firefighter 1 academy in the fall (August through November).

We are always looking for quality individuals to add to our instructional staff. Most instructors typically start out by volunteering for a few sessions to see if they really want to become a part of our instructional staff, and if we really want them to be a part of our instructional staff. Yes, the current instructors do have a say in whether or not they will want to work with you.

While volunteering, areas you will be judged on include your ability to get along with others, your interpersonal skills, your oral communication skills, your reliability and dependability, your level of maturity, how well you get along with the students and well they respect you, and how well you know your firefighter 1 academy subjects and skills. The last thing we want to do is hire someone and then find out they are not a good fit or they don't have what it takes to be an instructor. All of the lead (primary) instructors in our program have started out as skills instructors and worked their way into those lead positions, based on their track records, loyalty, dependability, and commitment to our program.

***Minimum education and experience:***

- A **two year degree** in ANY subject, and **six years of experience** in the field you are wishing to instruct in.

Or

- A **four year degree** in ANY subject, and **two years of experience** in the field you are wishing to instruct in.



***Minimum qualifications:***

- **Past students of the Chabot College Firefighter 1 academy**  
**(If you have not graduated from the Chabot College Firefighter 1 academy, we will not consider you at this point. We want people that can hit the ground running, and have a working knowledge of our program).**
- Ability to commit to certain class days in advance.
- Ability to work nights and weekends.
- Willingness to share your knowledge, skills, abilities, and experience with energetic college students.
- Ability to come to class prepared to teach, demonstrate, or proctor any firefighter 1 academy skill or subject
- Ability to be dependable, responsible, and motivated (the students deserve it and depend on you to be the best you can be. We also expect you to be the best you can be).
- **Fire Instructor 1A and 1B** (each 40 hours in length, and offered through the California State Fire Service Training & Education System / California State Fire Marshal's Office). To view a statewide listing of locations and dates these courses are offered, [CLICK HERE](#) to go to the State Fire Training monthly class schedule where classes like these are listed alphabetically.

***Desirable qualifications:***

- **Instructor certificates / credentials** in any EMS/Fire related subject area, such as CPR or first aid.
- **Previous teaching experience** of ANY type, EMS/Fire or non-EMS/fire related subjects.
- **Fire experience of some kind, paid or volunteer**

**NOTE:** Even if you do not think you qualify now, please keep this information for future use. **Also, even though you may not have any of the desirable qualifications now, do not hesitate to contact me (Steve Prziborowski - Fire Technology Coordinator) anyway to discuss your interest and present status.** Even though you may not qualify now for a paid position, you may still be able to start out as a volunteer, working side-by-side with a current instructor; this will provide you with some volunteer experience that will look good on your resume, sound good on an oral interview, and may eventually lead to a paid position. The hardest part about getting experience is getting experience, or simply said, it is tough to get a foot in the door and get some entry-level experience to better prepare you for future opportunities.

Final hiring decisions for instructors within the Firefighter 1 Academy will be made by the Academy Coordinator, Mike Litvinchuk. If you contact me at one of the methods listed below, I will forward your contact information to him for follow-up.

For more information or if you are interested in applying, please contact:

Steve Prziborowski, Fire Technology Coordinator  
Chabot College  
25555 Hesperian Boulevard  
Hayward, CA 94545  
408.205.9006 – Cellular Phone  
[sprziborowski@chabotcollege.edu](mailto:sprziborowski@chabotcollege.edu)

## **General Hiring Process Assistance and overview:**

Here are some fire department websites that provide general hiring process assistance that can be utilized for any fire department, not just the department providing the information:

- [Albuquerque Fire Department](#): Recruitment Information
- [Austin Fire Department](#): Recruitment Information and Career Assistance
- [Bakersfield Fire Department](#): How to become a Firefighter
- [Berkeley Fire Department](#): Recruitment Information
- [Boston Fire Department](#): Recruitment Information
- [Burlingame Fire Department](#): Recruitment Information
- [California Department of Forestry \(CDF\)](#): Careers with CDF Information
- [Dallas Fire-Rescue](#): Recruitment Information
- [District of Columbia \(D.C.F.D.\)](#): Employment Opportunities and Recruitment Information
- [Denver Fire Department](#): Recruitment Information
- [Fire Department New York \(FDNY\)](#): Employment Information
- [Foster City Fire Department](#): Recruitment Information
- [Honolulu Fire Department](#): Employment Information
- [Houston Fire Department](#): Recruitment Information
- [Las Vegas Fire-Rescue](#): Recruitment Information and How to Become a Firefighter
- [Long Beach Fire Department](#): Recruitment Information
- [Los Angeles City Fire Department](#): Preparation Tips and Exercise Program for a Firefighter Career
- [Los Angeles City Fire Department](#): How to Become a Los Angeles Firefighter
- [Manteca Fire Department](#): Recruitment Information
- [Menlo Park Fire Protection District](#): Recruitment Information
- [Miami-Dade Fire Rescue](#): Recruitment Information
- [Novato Fire Protection District](#): Recruitment Information
- [Omaha Fire Department](#): Recruitment Information
- [Palo Alto Fire Department](#): Recruitment Information
- [Phoenix Fire Department](#): Recruitment Information
- [Portland Fire Bureau](#): Recruitment Information
- [Sacramento Fire Department](#): Job Opportunities
- [Sacramento Metropolitan Fire District](#): Employment Information
- [Saint Paul Fire Department](#): Excellent entry-level firefighter test study guide
- [Salt Lake City Fire Department](#): Recruitment Information
- [Salt Lake County Fire Department](#): Steps to Become a Firefighter and Recruitment Information
- [San Bernardino County Fire Department](#): Employment Information
- [San Diego Fire & Life Safety Services](#): Recruitment Information
- [San Francisco Fire Department](#): Recruitment Information
- [San Jose Fire Department](#): Recruitment Information
- [San Rafael Fire Department](#): Recruitment Information
- [Santa Barbara County Fire Department](#): Employment Information
- [Santa Clara County Fire Department](#): Recruitment Information & Career Assistance
- [Santa Rosa Fire Department](#): Recruitment Information
- [Seattle Fire Department](#): Career Overview and Employment Information

- [Stockton Fire Department](#): Recruitment Information
- [Sunnyvale Department of Public Safety](#): Recruitment Information
- [Tampa Fire Department](#): Recruitment Information
- [Tracy Fire Department](#): Recruitment Information
- [Tucson Fire Department](#): Recruitment Information
- [Ventura County Fire Department](#): Employment Opportunities

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The [Don McNea Fire School](#) has a section on their website titled "[HOW TO BECOME A FIREFIGHTER](#)" - this section includes excellent information on all phases of the hiring process, including helpful tips to increase your scores. They also provide a wide variety of services and products to help you with your pursuit of becoming a firefighter.

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"Captain Bob" Smith is another valuable resource to you, the future firefighter. His website at [www.eatstress.com](http://www.eatstress.com) provides pages and pages of valuable (and free) information on how to better prepare yourself to become a firefighter. While the primary focus of Captain Bob is to assist the candidate increase their Oral Board scores (which is the most important phase of the hiring process), he does provide a wealth of information that relate to the other phases of the firefighter hiring process.

## **CLOSING COMMENTS**

I hope you have found this newsletter somewhat valuable. If you have learned one new thing, then I think I've done my job. I truly want to see everyone succeed, and I also really enjoy doing what I do. This program is your program. It can only get better with your assistance. There is an old saying, don't just give me problems – give me solutions! I can't read your minds, so please provide me with feedback. Feel free to contact me if you have any questions or want me to clarify any rumors you might have heard. Thank you very much!

Steve Prziborowski, Fire Technology Coordinator - Chabot College

**Office:** 510-723-6851, Building 1500, Room 1556

**Cellular:** 408-205-9006

**Fax:** 510-782-9315

**Email:** [sprziborowski@chabotcollege.edu](mailto:sprziborowski@chabotcollege.edu)

**Chabot College Fire Technology & EMS web site:** [www.chabotfire.com](http://www.chabotfire.com)

**Chabot College website:** [www.chabotcollege.edu](http://www.chabotcollege.edu)

**\*\*\* PLEASE FEEL FREE TO PASS THIS ON TO YOUR FRIENDS OR CO-  
WORKERS\*\*\***

**The Fine Print:**

- If you would like to be added to our mailing list (no, I won't give your email address out to others), email me at [sprziborowski@chabotcollege.edu](mailto:sprziborowski@chabotcollege.edu) and I will add you to the list. Benefits of being on the mailing list include being notified when the latest Fire & EMS news is published, and being notified of firefighter testing opportunities, volunteer opportunities, or training opportunities.
- If you know of someone who wants to receive this newsletter (as well as other updates) email me at [sprziborowski@chabotcollege.edu](mailto:sprziborowski@chabotcollege.edu) and I will place them on the mailing list.
- If you want to take your name off of the mailing list, just send me an email at [sprziborowski@chabotcollege.edu](mailto:sprziborowski@chabotcollege.edu) and in the subject heading, and type in "unsubscribe from mailing list" and I will remove your name.