



FIRE & EMS NEWS

August 2005

Volume 4 – Issue 2

Welcome to the latest issue of the Fire & EMS News! Some of the highlights of this issue include:

- Firefighter testing opportunity – Las Vegas, NV!
- Some pictures from an explosion I responded to recently in Los Altos!
- Volunteers needed around the Bay Area – EMS classes
- This month's written examination testing tips, courtesy of the Don McNea Fire School!
- FREE Firefighter Preparation Seminars at Chabot College!
- Paramedic school entrance exams – classes being held around Northern California!
- Firefighter employment opportunity – Sacramento Fire Department

FIREFIGHTER TESTING OPPORTUNITY: Las Vegas and North Las Vegas, NV

*****F.I.R.E.S. 2006*****



The cities of [Las Vegas](#) and [North Las Vegas](#) will be accepting applications for the position of **Firefighter Trainee** during the period of October 17 through November 17, 2005, at Las Vegas City Hall, Human Resources Department, 400 Stewart Ave, on the corner of North Las Vegas Boulevard and Stewart Avenue.

This recruitment will involve a highly competitive process that includes a written exam scheduled for January 25, 2006, and a pass/fail physical ability test scheduled for mid-March 2006. Early preparation for the written and physical ability exams is a must. The FSI Written Test Preparation Manual Order Form is available under related links below.

Experience and Training Requirements

- **Age:** 18 years or older on the date of application.
- **Experience:** Some firefighting experience is desirable.
- **Training:** Equivalent to graduation from high school. College level course work in fire science, fire administration, or a related field is desirable.

- License, Certificate and Special Requirements:

- Possession of an Emergency Medical Technician (EMT) Basic certificate on the date of job offer. If the applicant does not have his or her EMT certification at the time of offer, applicant can produce it by fax, hand delivery or mail within one week.
- Possession of an appropriate, valid driver’s license on the date of application.
- Must meet current physical condition requirement on the date of appointment.

The EMT-Basic certification typically consists of 17 to 23 weeks of classroom and clinical training. Classes are on-going throughout the year, but are limited and on a first come, first served basis. Enrollment prerequisites and tuition fees vary. Contact the agencies below for more information.

American Medical Response Gail Furtaw	(702) 671-6977
Community College of Southern Nevada Westy Durant	(702) 651-5807
EMS Training Center of Southern Nevada Jim McAllister	(702) 651-9111
Southwest Ambulance Shannon Shumway	(702) 224-5063

Monthly Salary

Firefighter Trainees during academy: Las Vegas \$3,120, North Las Vegas \$3,343.

Firefighters working ten 24-hour shifts per month: Las Vegas \$3,628, North Las Vegas \$3,927.

- **What is F.I.R.E.S.?**
Firefighter Interagency Recruitment Examination and Selection is a screening and testing program sponsored by the cities of Las Vegas and North Las Vegas to recruit, test and select firefighters. The program uses common testing procedures for entry-level firefighters and is administered by the collective efforts of the Human Resources and Fire Departments of these two cities.
- **What is the goal of F.I.R.E.S.?**
To recruit the most qualified applicants while increasing our minority and female representation within the cities of Las Vegas and North Las Vegas Fire Departments.
- **Who may use F.I.R.E.S.?**
Anyone who can perform the essential functions of the Firefighter job description and who possesses a High School Diploma or G.E.D. Valid driver’s license and eighteen (18) years or older. EMT certification is required at the time of job offer. If the applicant does not have his or her EMT certification at the time of offer, applicant can produce it by fax, hand delivery or mail within one week. If timeframe cannot be met, the candidate will be removed from consideration at that time, but will remain on the list for future consideration.

- **What are some suggested study resources?**

You can purchase the FSI Test Preparation Manual by using the order form listed below under related links. If you prefer not to purchase the Candidate Test Preparation Manual for Entry-level Firefighters, the 8th edition is available at Las Vegas and North Las Vegas libraries and is the only publication endorsed by both cities. All reading ability questions will be derived from this manual. The reference number is TH9157.C36 2003.

Other general study resources include:

ARCO - Firefighter by Fred M. Rafilson and Robert Andriuolo

Math for Civil Service Tests by Jessika Sobanski

Practical Math Success in 20 Minutes a Day by Judith Robinovitz

- **What are the physical requirements?**

The Candidate Physical Ability Test (CPAT). See below under related links for videos providing a general overview and candidate instructions.

2005 Community Information Seminars

Seminars are intended to prepare interested applicants. Schedules are subject to change.

Saturday, August 13, 12:00 noon to 2:00 p.m.	Cheyenne High School 3200 W Alexander Rd Las Vegas
Thursday, August 18, 6:00 p.m. to 8:00 p.m.	West Las Vegas Library 951 W Lake Mead Blvd Las Vegas
Thursday, September 15, 6:00 p.m. to 8:00 p.m.	Rainbow Library 3150 N. Buffalo (at Cheyenne) Las Vegas

Please continue to visit the [F.I.R.E.S. 2006 Web site](#) or call the F.I.R.E.S. Hotline at (702) 392-2774 for recruitment updates.

For more information about the **Las Vegas Fire-Rescue Department**, visit their website at:

<http://www.lasvegasnevada.gov/Government/departments.asp?id=4181>

For more information about the **North Las Vegas Fire Department**, visit their website at

<http://www.ci.north-las-vegas.nv.us/Departments/Fire/Fire.cfm>

AN INCIDENT I RECENTLY RESPONDED TO:

I just wanted to share some pictures of a recent explosion I went to in Los Altos (CA). I initially responded as the Safety Officer but then transitioned to the Operations Section Chief to assist the Incident Commander. This was amazing in that nobody was seriously injured (or killed) and that there

was no fire. One of our fire stations is a couple of blocks away and they heard a loud explosion shortly after their shift began; the captain directed everyone to get their gear on and they went in the direction of the explosion and then saw a cloud in the direction of this house. The captain also requested the balance of a full first alarm assignment to assist. Upon arrival, the captain reported that the house was “leveled.” While the garage was still standing, most of it was not.

One child was already out of the house with a neighbor, and the initial crews found another child under a little rubble in the back of the house. Both of them were basically uninjured; very lucky. The crews were then told that there was also an adult trapped under the rubble. The Incident Commander requested our Special Operations Task Force (crews specially trained in rescue and hazardous materials). Other support staff (such as myself as the initial Safety Officer, additional Safety Officers, Information Officer, etc.) also responded. 3 ½ hours later, we had freed the individual from the rubble and he was transported to the hospital and released the next day.

While I have not heard the exact cause of the incident, it appears to have been caused by a natural gas leak making contact with an ignition source. The key is whether the gas leak was on the street or the homeowner’s property (for insurance purposes – on the street indicates the gas company is probably responsible and on the property indicates the homeowner is probably responsible). I’m not a legal expert, please don’t quote me; I’m just trying to educate you on how things work. Please consult an attorney if you have further questions regarding liability.

Here are some of the pictures I took at the incident:





If you learn nothing else, please remember to respect natural gas – and realize once it finds an ignition source, an explosion will occur!

EMS VOLUNTEER OPPORTUNITIES AROUND THE BAY AREA:

The [San Francisco Paramedic Association](#) is looking for volunteers for the following upcoming EMS related classes:

**Pre-Hospital Trauma Life Support Classes -
Volunteers Needed**

Dates / Locations / Times:	- Thursday August 18	from 0715 to 0930 hours
	- Friday August 19	from 1230 to 1730 hours
	NOTE: Both of the above classes will be held at the San Francisco General Hospital (2789 25th Street, San Francisco)	
	- Wednesday September 21	from 00715 to 0930 hours
	- Thursday September 22	from 1230 to 1730 hours
NOTE: Both of the above classes will be held at the Bay Model Visitor Center in Sausalito (2100 Bridgeway, Sausalito)		

You will receive:	Valuable experience watching paramedic level (or higher) students perform patient assessments. Learn from their plusses and minuses. You will also receive a free San Francisco Paramedic Association t-shirt and your choice of an SFPA rescue key chain or ALS field guide.
Your role:	As a volunteer, you will be mouldaged and designated to role-play a victim of a trauma emergency scenario. Please wear loose, old, comfortable clothing, as you may be on the floor for some scenarios.
Contact person(s):	Call the San Francisco Paramedic Association for more information or to sign-up at (415) 543-1161 (tell them Steve at Chabot sent you) or email them at director@sfparamedics.org or visit their website section on volunteer opportunities at www.sfparamedics.org/volunteer.htm

Advanced Medical Life Support Classes - Volunteers Needed

Dates / Locations / Times:	- Tuesday August 16 from 1230 to 1700 hours - Wednesday August 17 from 1030 to 1630 hours Both of the above classes will be held at the Bay Model Visitor Center in Sausalito (2100 Bridgeway, Sausalito)
You will receive:	Valuable experience watching paramedic level (or higher) students perform patient assessments. Learn from their plusses and minuses. You will also receive a free San Francisco Paramedic Association t-shirt and your choice of an SFPA rescue key chain or ALS field guide.
Your role:	As a volunteer, you will be designated to role-play a victim of a medical emergency scenario. Please wear loose, old, comfortable clothing, as you may be on the floor for some scenarios.
Contact person(s):	Call the San Francisco Paramedic Association for more information or to sign-up at (415) 543-1161 (tell them Steve at Chabot sent you) , register via email at director@sfparamedics.org or register and see more information on their website at www.sfparamedics.org/volunteer.htm

THIS MONTH'S TESTING TIPS – By Steve Prziborowski

Five things every firefighter candidate should have to assist them in becoming a firefighter:

1. **A computer** (to research fire departments and the fire service on the internet, to apply for departments, to receive email, to network, to create and update your resume, etc.)
2. **An email address** (and try to not have a “cute” name that can be perceived negatively. Imagine yourself as a fire chief and you’re going to offer a job to a candidate. Then you look at their email address and it says something like americanjigolo@whatever.com (doesn’t look too professional, does it? Try using your first and last name; it looks more professional).
3. **At least one nice outfit to wear to an oral interview** (spend some hard earned money and you can’t go wrong. You can also wear it to weddings, funerals, parties, etc.).

4. **Reliable transportation** (don't rely on your friends or family members to get you to a fire department test).
5. **A funding source, a.k.a. J.O.B. & preferably not Mom and Dad** (you have to spend money to make money in life. It is not going to be cheap testing to become a firefighter. Driving to a city multiple times to go through their hiring process. Visiting stations and bringing dessert to get some information. Travel costs to get to the test. Paramedic school, and other education and certification courses. The list goes on and on. I say not mom and dad because the oral board doesn't want to hire someone that has been handed everything on a silver platter. We want people that have had to work hard to get here, and that have had to make sacrifices to get where they are at. Why may you wonder? Because if you have busted your butt to get here, you probably will appreciate the firefighter job you earn more than if you were handed everything by mom and dad, who also waited on you hand and foot. Sorry, the fire service is not a professional babysitting service. You're supposed to be an adult and that is who we want to hire.

THIS MONTH'S TESTING TIPS – Courtesy of the Don McNea Fire School

Some more firefighter testing tips courtesy of the [Don McNea Fire School](#)! This month's tips focus on the Written Examination:

TEST-TAKING TACTICS:

UNDERSTANDING THE TEST MAKER'S TACTICS

As a test taker, you will be more skilled if you know how a test maker thinks. Your test taking strategies must anticipate the test maker's strategies. With multiple-choice questions, the problem for the test maker is to create three bad answers for every good answer.

To appreciate the test maker's problems and to improve your own ability as a test taker, you should practice making up a few questions yourself. Here is some material to work with. Below is a short reading passage from a Fire Academy training manual, followed by four answer choices. As it appears below, all the answer choices are correct. You should try to come up with some other answer choices that would be wrong, or make some little changes in these answer choices so that they are no longer correct.

Sometimes it is necessary to cut holes in the roof or floors of a building to release bottled up heat and smoke. During roof or floor cutting operations, everyone in the vicinity of a saw in operation shall observe, as near as possible and practical, a 20-foot radius Circle of Danger. Only the Officer, the Operator and the Guide Man may enter this circle. All persons directly to the rear of the operating saw blade must be warned away, as the saw may throw debris 20 feet or more.

Side pressure or twisting of the blade when operating should be avoided. The saw should never be forced. If too much pressure is applied to the blade, the hazard of blade breakage

(carbide tipped) or blade shattering (aluminum oxide or silicon carbide discs) is increased. A blade that breaks or shatters during cutting may cause serious injury to the Operator or others in the area.

Based on the information above, it would be most correct to say that:

- A) No one should be within 20 feet of the operating saw except the Officer, the Operator and the Guide Man.*
- B) Even someone who is 20 feet away can be in danger if the person is directly behind the saw when it is operating.*
- C) Carbide tipped blades will break, not shatter, if too much pressure is applied.*
- D) Side pressure may cause shattering of the blade if the blade is an aluminum oxide or silicon carbon disc.*

No doubt, you can think of many ways to make three of the above answer choices wrong. But you probably would not want to make an answer choice so obviously wrong that no one would ever choose it. There is no point making up answers if no one will choose them. The idea is to make an answer wrong, but still give it some appeal so that it will be an effective "distracter" from the right answer.

Here are some test maker tactics for doing that:

1. **Overstate the point.** In the example, you could change 20 feet to 25 feet. Or you could say that side pressure will definitely or always cause the blade to break or shatter. Or you could insist rigidly on the 20-foot circle, forgetting that the rule says, "as near as possible and practical." Of you could say that the Officer must be in the circle instead of that he may be in the circle.
2. **Ignore the fine points.** In the example, you could substitute something general like "a safe distance" for the exact rule of 20 feet. Or you could ignore the detail that 20 feet may not be adequate for someone directly behind the saw. Of you might overlook the fact that these rules apply only when the saw is actually in operation.
3. **Change just one detail.** In the example, you could switch "breaking" and "shattering" for the different kinds of blades. Or you could switch the kinds of blades. You could change the rule about people directly behind the saw to make it people directly in front of the saw.
4. **Provide some bait to make false answers attractive.** An easy way to do this is to keep some exact words from the "fact pattern" in the false answers. Another way to do this is to make a two-part answer; start with something that is correct, then add something that is wrong. For the example, you might say, "Other firefighters should remain at least 20 feet away when practical, and the Operator should especially warn anyone directly in front of him."
5. **Twist the meaning around.** In the example you could say that the saw operator must go at least 20 feet from other people instead of the rule that other people must keep 20 feet from the saw operator. Or you might try saying that the saw cannot be used less than 20 feet from the edge of a roof.

Since 1950, Don McNea Fire School has prepared over 40,000 fire applicants with their entry level seminars and products. Fireprep.com has over 250 pages of FREE information and careers articles to help you reach your goal of becoming a firefighter.

Go to www.fireprep.com and register for their free fireprep e-mail newsletter that features career articles by the countries top entry level authors. You will also be informed at no cost of firefighter examinations be given across the country.

While at our website don't forget to review our award winning 'Ultimate Firefighter Exam Package'. This product has help hundreds of fire applicants finish in the top 2% of the exam process. Go to the link below to review the ultimate firefighter exam package. www.fireprep.com/ultimate_firefighter_exam.html

Don McNea Fire School

dmfireschool@aol.com

1-800-989-FIRE

www.fireprep.com

MORE FREE FIREFIGHTER PREPARATION SEMINARS!

Become a better firefighter candidate!

You are invited to attend a FREE seminars to help learn how to better prepare yourself to become a firefighter!

DATES: **Tuesday August 30, 2005**
 Tuesday November 1, 2005
 Tuesday December 20, 2005
(You are free to attend one, two or all of the seminars!)

TOPICS:

August 30 **Topics covered will include, but are not limited to:**

- Do I have what it takes to become a firefighter?
- Becoming the best firefighter candidate you can be
- Resume preparation
- Background investigation preparation
- ?????

November 1 **Oral Board Preparation** – overview of the oral board process, tips on how to increase your oral board score, and also the chance to perform a mock oral interview!

December 20 **Oral Board Preparation** – overview of the oral board process, tips on how to increase your oral board score, and also the chance to perform a mock oral interview!

Facilitator: Steve Prziborowski, Fire Technology Coordinator at Chabot College and Captain with the Santa Clara County Fire Department.

ADDED BONUS!!

Bring a copy of your resume and I will critique it for you free of charge, before the seminar or during one of the breaks (time permitting).

TIME: 6 p.m. to 9:00 p.m. each night

LOCATION: Chabot College
25555 Hesperian Boulevard, Hayward, CA 94545
Room 916 (in Building 900)

**REGISTRATION /
MORE INFO:**

To register, email me at sprziborowski@chabotcollege.edu or if you do not have internet access, you can leave a message at (510) 723-6851. Thank you for your assistance; look forward to seeing you there!

Please visit the Chabot College Fire Technology website at www.chabotfire.com for more information on becoming a firefighter.

For directions to Chabot College, [CLICK HERE](#).

******* REGISTER EARLY – SEATS ARE LIMITED!*******

***PARAMEDIC SCHOOL ENTRANCE EXAMINATION INFORMATION –
Northern California Training Institute (Pittsburg)***

Northern California Training Institute (NCTI) is holding pre-entrance examinations for their upcoming Paramedic classes in:

- **Livermore** - courses to be held on *Tuesdays and Fridays*
- **Roseville** - courses to be held on *Tuesdays and Fridays OR Mondays and Thursdays*
- **Santa Barbara** - courses to be held on *Mondays and Thursdays*
- **Pittsburg** - courses to be held on *Mondays and Thursdays*
- **Emeryville** – courses to be held on *Wednesdays and Saturdays*
- **South Bay (San Jose area)** – courses to be held on *Tuesdays and Fridays*

Here is more information I downloaded from their website:

NCTI holds the HOBET entrance exam for all paramedic program placements. NO late arrivals are allowed at the exam. Please make arrangements to arrive early. All application information is accessible from the NCTI homepage at www.ncti-online.com – ***Please return all materials prior to the test date!***

COURSE DESCRIPTION

This course fulfills all of the training requirements set forth by the State of California for Mobile Intensive Care Paramedics. Upon successful completion of this course, students will be eligible to take the National Registry Exam which NCTI hosts throughout the year at our Roseville Campus. This certification can lead to employment in a wide range of fields, to include ambulance or fire paramedic, E.R. technician, special functions paramedic, sporting events, concerts, etc. NCTI is owned by American Medical Response, Inc. (AMR) and direct employment referrals are a benefit reserved for NCTI students.

TO QUALIFY FOR ADMISSION APPLICANTS MUST:

- Be at least 18 years of age
- Have a high school diploma or GED certificate
- Complete an approved Anatomy and Physiology course within the last 5 years
- Possess a current CPR card and a current EMT-1 or EMT II certification
- Applicants whose certification expires less than twelve (12) months prior to the enrollment date are also eligible

SCHEDULE OF TRAINING

PHASE I - (Didactic & Lab)

400 Hours (approx. 6 months)

Course days and times will be announced at a later date.

PHASE II - (Clinical Rotations)

160 Hours (approx. 2 months)

individually, as arranged for each student, at one of several acute care hospitals in the area.

Guaranteed placement by NCTI.

PHASE III - (Field Internships)

480-720 Hours (approx. 4 months)

Depending on experience and performance individually, as arranged for each student. ***Guaranteed placement by NCTI. (This is a key selling point when shopping around for paramedic schools!)***

DESIRABLE QUALIFICATIONS

General knowledge of first aid and the ability to handle stressful situations and/or prior experience as an EMT with an ambulance or fire service provider agency.

ADMISSION TESTING

\$50.00 entrance exam fee (non-refundable / non-transferable)

COURSE FINANCING

Tuition may be paid by check, money order, Visa, MasterCard, American Express, or Discover.

TESTING DATES & TIMES

For their **Paramedic Course** that will be held in Livermore, CA, the examination dates are as follows:

- Thursday October 20, 2005 – 9:00 am to 12:00 pm at their Livermore Satellite Location
- Thursday October 27, 2005 – 1:00 pm to 4:00 pm at their Livermore Satellite Location

- Thursday May 18, 2006 – 9:00 am to 12:00 pm at their Livermore Satellite Location
- Thursday May 25, 2006 – 1:00 pm to 4:00 pm at their Livermore Satellite Location

For their **Paramedic Course** that will be held in Roseville, CA, the examination dates are as follows:

- Wednesday August 3, 2005 – 1:00 pm to 4:00 pm at their Roseville Classroom
- Wednesday October 5, 2005 – 9:00 am to 12:00 pm at their Roseville Classroom
- Wednesday October 12, 2005 – 1:00 pm to 4:00 pm at their Roseville Classroom
- Wednesday March 22, 2006 – 9:00 am to 12:00 pm at their Roseville Classroom
- Wednesday March 29, 2006 – 1:00 pm to 4:00 pm at their Roseville Classroom
- Wednesday May 3, 2006 – 9:00 am to 12:00 pm at their Roseville Classroom
- Wednesday May 10, 2006 – 1:00 pm to 4:00 pm at their Roseville Classroom

For their **Paramedic Course** that will be held in Emeryville, CA, the examination dates are as follows:

- Wednesday August 24, 2005 – 9:00 am to 12:00 pm at their Livermore Satellite Location
- Wednesday August 31, 2005 – 1:00 pm to 4:00 pm at their Livermore Satellite Location
- Thursday March 23, 2006 – 9:00 am to 12:00 pm at their Livermore Satellite Location
- Thursday March 30, 2006 – 1:00 pm to 4:00 pm at their Livermore Satellite Location

For their **Paramedic Course** that will be held in Santa Barbara, CA, the examination dates are as follows:

- Tuesday September 13, 2005 – 9:00 am to 12:00 pm at the Santa Barbara EMS Agency
- Tuesday September 13, 2005 – 1:00 pm to 4:00 pm at the Santa Barbara EMS Agency
- Wednesday April 5, 2006 – 9:00 am to 12:00 pm at the Santa Barbara EMS Agency
- Wednesday April 5, 2006 – 1:00 pm to 4:00 pm at the Santa Barbara EMS Agency

For their **Paramedic Course** that will be held in Pittsburg, CA, the examination dates are as follows:

- Thursday January 19, 2006 – 9:00 am to 12:00 pm at their Livermore Satellite Location
- Thursday January 26, 2006 – 1:00 pm to 4:00 pm at their Livermore Satellite Location

For their **Paramedic Course** that will be held in the South Bay (San Jose area), CA, the examination dates are as follows:

- Thursday February 16, 2006 – 9:00 am to 12:00 pm at their Livermore Satellite Location
- Thursday February 23, 2006 – 1:00 pm to 4:00 pm at their Livermore Satellite Location

FOR MORE INFORMATION - Visit their website at www.ncti-online.com – also, for links to those above tests and classes, [CLICK HERE](#).

This is not meant to be an endorsement or recommendation of their program. It is listed as a service and a resource for you to evaluate and determine on your own.

FIREFIGHTER EMPLOYMENT OPPORTUNITY – Sacramento City Fire Department

The [Sacramento City Fire Department](#) is one of the larger fire departments in the State. They operate out of 22 fire stations, protecting 458,000 people over 144 square miles. They are a full-service fire department that includes ALS transporting ambulance service. They will be testing quarterly for the position of **FIRE RECRUIT**.



- **October 15, 2005** **Cut off for filing for this test is September 16, 2005**

Note: Cut-off deadlines and test dates are tentative and are subject to change without prior notification.

What is the position of fire recruit?

The [Sacramento City Fire Department](#) is responsible for the protection of life and property and for providing EMS to the community. Fire Recruits attend the Sacramento Fire Training Academy for 20 weeks and receive basic training in firefighting methods, equipment operation and maintenance, physical fitness, fire science concepts, and a variety of other subjects.

Candidates who satisfactorily complete the training and graduate from the academy are given probationary status and assignments as firefighters. Some graduates who hold current certification as paramedics may be assigned as Firefighter/Paramedics. In addition, all candidates must pass a background investigation, fingerprinting, medical examination, and drug testing prior to becoming a firefighter.

What are their requirements?

In order to qualify for entrance into the Recruit Academy, you must:

- Be at least 21 years of age.
- Have a high school diploma or GED equivalent.
- Have a current EMT-1 certificate or higher.
- Have 20 semester units or 30 quarter units from an accredited college or university. Three years as a paid firefighter may be substituted for the above college units.
- Be a citizen of the United States.
- Pass a written examination.

Special qualifications:

- You have not smoked or used any tobacco products during the 12 months prior to testing.
- Possess a valid California Class C driver's license at the time of appointment.
- Ability to obtain a Class B driver's license with appropriate endorsements during the Sacramento Fire Training Academy. Failure to obtain license will be cause for termination.

- Wear respiratory protective equipment at times. When assigned to such work, facial hair must be shaved when it interferes with the safe fitting of such equipment.
- Reside within a 35 air mile radius from the freeway interchange at W-X streets and 29th – 30th streets within one year following appointment as a firefighter.
- Pass the physical ability test each year as a condition of employment

Additionally you must

Pass a physical ability test which includes the following events:

- Hose drag
- Hose Carry / Stair climb
- Hose Hoist
- Smoke Ejector
- Citizen Rescue
- Dry Hose Load

A videotape of the physical ability test is available at the following locations:

- Any branch of the Sacramento City or County library system.
- American River College Library, 4700 College Oak Drive, Sacramento, CA 95841
- Consumnes River College Library, 8401 Center Parkway, Sacramento, CA 95821

For more information you may contact:

- Sacramento City Personnel Department (916) 264-5726
- The Fire Recruit Hotline: (916) 264-8172
- The City 24-hour jobline: (916) 264-8568

To download an application - Go to the JOB OPPORTUNITIES section of their website at <http://www.cityofsacramento.org/fire/jobopportunities.html>

To find out more information about the Sacramento City Fire Department - Visit their website at <http://www.cityofsacramento.org/fire/>

ORAL BOARD PREPARATION – MARK YOUR CALENDARS!

On Tuesday October 4, Captain Bob Smith will be conducting another free oral board preparation seminar at Chabot College! For more information about him and the many things he has to offer, visit his website at www.eatstress.com – more information and details will be in the September issue of the Chabot College Fire & EMS News.

CLOSING COMMENTS

I hope you have found this newsletter somewhat valuable. If you have learned one new thing, then I think I've done my job. I truly want to see everyone succeed, and I also really enjoy doing what I do. This program is your program. It can only get better with your assistance. There is an old saying, don't just give me problems – give me solutions! I can't read your minds, so please provide me with feedback. Feel free to contact me if you have any questions or want me to clarify any rumors you might have heard. Thank you very much!

Steve Prziborowski, Fire Technology Coordinator - Chabot College

Office: 510-723-6851, Building 1500, Room 1556

Cellular: 408-205-9006

Fax: 510-782-9315

Email: sprziborowski@chabotcollege.edu

Chabot College Fire Technology & EMS web site: www.chabotfire.com

Chabot College website: www.chabotcollege.edu

***** PLEASE FEEL FREE TO PASS THIS ON TO YOUR FRIENDS OR CO-
WORKERS*****

The Fine Print:

- If you would like to be added to our mailing list (no, I won't give your email address out to others), email me at sprziborowski@chabotcollege.edu and I will add you to the list. Benefits of being on the mailing list include being notified when the latest Fire & EMS news is published, and being notified of firefighter testing opportunities, volunteer opportunities, or training opportunities.
- If you know of someone who wants to receive this newsletter (as well as other updates) email me at sprziborowski@chabotcollege.edu and I will place them on the mailing list.
- If you want to take your name off of the mailing list, just send me an email at sprziborowski@chabotcollege.edu and in the subject heading, and type in "unsubscribe from mailing list" and I will remove your name.
- If you are subscribed to my email mailing list and you are not receiving anything (a problem some earthlink, aol, hotmail and yahoo users have at times), make sure you add my name – Steve Prziborowski and the email address I use to send this newsletter and other fire and EMS related news items out – sprziborowski@aol.com to your address book, safe list, white list, etc. Since I mass mail items to over 1000 people, some email providers may think these items are spam or junk mail, even though they are not. I typically send a couple of things out per week; if you have not received anything from me in over two weeks, email me to let me know so that I can attempt to troubleshoot the issue.
- Thank you very much for your assistance and cooperation!