

**Chabot College Fire Technology 50  
Student Task Book**

<b>Task:</b>	<b>How To Access:</b>	<b>What Else To Do?</b>	<b>Done:</b>
Subscribe to the FREE <b>Fire Fighter Close Calls</b> email list	<a href="http://www.firefighterclosecalls.com">www.firefighterclosecalls.com</a>	Educate yourself, stay on top of what is going on in the fire service!	
Subscribe to the FREE <b>Daily Dispatch</b> email list	<a href="http://www.dailydispatch.com">www.dailydispatch.com</a> and subscribe to get California updates. You can choose more states, but start with CA.	Educate yourself, stay on top of what is going on in the fire service!	
Subscribe to the FREE <b>Fire Nuggets</b> newsletter / publication	<a href="http://www.firenuggets.com">www.firenuggets.com</a>	Educate yourself, stay on top of what is going on in the fire service!	
Subscribe to the FREE <b>Firehouse Magazine</b> email list	Go to: <a href="http://www.firehouse.com">www.firehouse.com</a> and locate the area to sign-up for email updates.	Educate yourself, stay on top of what is going on in the fire service!	
Subscribe to other <b>FREE fire service email lists</b>	Go to <a href="http://www.chabotfire.com">www.chabotfire.com</a> & Click Free Email Lists	Read and discuss the info you receive with others.	
Complete a sample <b>firefighter job application</b>	You can find one on <a href="http://www.chabotfire.com">www.chabotfire.com</a> - click the FREE STUFF link. Or you can find one on virtually any city or county website as most use the same type of standard application.	Complete and bring to class on first night, placing it on the instructor's table in front of the class. * <b>Do NOT submit to the Department!!!</b>	
Complete a sample <b>firefighter background investigation</b>	I will provide it to you on the first day of class. Or go to <a href="http://www.chabotfire.com">www.chabotfire.com</a> and Click Free Stuff	Complete & bring to class no later than <i>the Monday BEFORE the final exam</i> so I can give you extra credit.	
Sign up for the <b>FCTC Statewide Eligibility List</b>	Go to: <a href="http://www.fctconline.org">www.fctconline.org</a>	Continue to locate similar lists to be on to stay on top of who is accepting applications.	
Complete your <b>CPAT</b>	Go to: <a href="http://www.cpatonline.org">www.cpatonline.org</a>	Continue to stay in shape, don't think you're ready to be a Firefighter just because you passed the CPAT. Renew it every 6 months if possible, no later than 12 months.	
Complete your <b>FCTC written Firefighter exam</b>	Go to: <a href="http://www.fctconline.org">www.fctconline.org</a>	Keep finding other fire department hiring processes to participate in (can't get hired if you don't apply).	
Subscribe to a <b>firefighter job notification service</b> so you can start applying for firefighter openings!	Options include, but are NOT limited to: <a href="http://www.firecareers.com">www.firecareers.com</a> - <a href="http://www.firerecruit.com">www.firerecruit.com</a> (there are others, do your research to see which is best for you)	Start locating jobs you may qualify for and then apply, apply, apply! Take note of what different departments in the area and even around the State or where you may want to work are requiring in the way of qualifications so you can start to see hiring trends so you can best prepare yourself!	

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<b>Task:</b>	<b>How To Access:</b>	<b>What Else To Do?</b>	<b>Done:</b>
Go to the <b>Chabot College Fire Technology Program website</b> & familiarize yourself with ALL of the info available to you	Go to: <a href="http://www.chabotfire.com">www.chabotfire.com</a>	Educate yourself, stay on top of what is going on in the fire service!	
Obtain one nice <b>outfit</b>	N/A	Appropriate for interviews, etc.	
Go to <b>NTN website</b> , locate a FD to apply for, & a FireTeam written test to take	<a href="http://www.nationaltestingnetwork.com">www.nationaltestingnetwork.com</a>	Stay engaged, keep checking for other fire departments who will pull from that list!	
If you are on <b>Facebook</b> , like the <b>Future Firefighter Facebook page</b> to get updates. <ul style="list-style-type: none"> <li><i>If not on Facebook, consider cautiously using it; is a very useful tool if used smartly.</i></li> </ul>	Go to: <a href="http://www.facebook.com">www.facebook.com</a>	Once on Facebook, realize EVERYTHING you post, comment on, like, will potentially be subject to come up during your background investigation, and may disqualify you from employment, or if you're already on the job, subject you to progressive discipline, up to and including TERMINATION. Use smartly!!	
If you are on <b>Twitter</b> , follow the <b>Chabot College Fire Technology Program (@ChabotFire)</b> to get updates on the fire service. <ul style="list-style-type: none"> <li><i>If not on Twitter, consider cautiously dipping your toes into the water to check it out. It is a very useful tool if used smartly.</i></li> </ul>	Go to: <a href="http://www.twitter.com">www.twitter.com</a>	Once on Twitter, realize EVERYTHING you tweet, retweet, comment on, will potentially be subject to come up during your background investigation, and may disqualify you from employment, or if you're already on the job, subject you to progressive discipline, up to and including TERMINATION. Use smartly!!	
Create a <b>Physical Fitness Program</b> <ul style="list-style-type: none"> <li><i>Enroll in FT 88A</i></li> <li><i>Enroll in FT 88B</i></li> <li><i>Enroll in FT 88C</i></li> </ul>	Many resources on the Internet; Go to: <a href="http://www.chabotcollege.edu">www.chabotcollege.edu</a> & <a href="http://www.chabotfire.com">www.chabotfire.com</a>	Be able to do the following some departments may require: <ul style="list-style-type: none"> <li>- Pull-ups (minimum of 3)</li> <li>- Push-ups (minimum of 20 in 30 seconds)</li> <li>- Crunches (minimum of 30 in 60 seconds)</li> <li>- Run (1.5 miles in 12 minutes or less)</li> </ul>	
Sign-up for <b>EMS1 (EMS First Responder)</b> to prepare to enter EMT class	Go to: <a href="http://www.chabotcollege.edu">www.chabotcollege.edu</a> & <a href="http://www.chabotfire.com">www.chabotfire.com</a>	Study to prepare for the EMT class!	
Sign up for <b>EMS2 (EMT)</b> so that you can take more Firefighter examinations	Go to: <a href="http://www.chabotcollege.edu">www.chabotcollege.edu</a> & <a href="http://www.chabotfire.com">www.chabotfire.com</a>	Start applying for firefighter positions!	

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<b>Task:</b>	<b>How To Access:</b>	<b>What Else To Do?</b>	<b>Done:</b>
Work on completing your <b>2-year degree</b> in Fire Technology	Go to <a href="http://www.chabotfire.com">www.chabotfire.com</a> and Click 2 Year Degree to see colleges offering degrees	A degree won't guarantee you a job; it will provide you with valuable knowledge, skills & abilities	
Take the prerequisite classes so you can enroll in the <b>Firefighter 1 Academy</b> (FT 90A-C, 91A-D)	Go to: <a href="http://www.chabotcollege.edu">www.chabotcollege.edu</a> & <a href="http://www.chabotfire.com">www.chabotfire.com</a>	Start applying for firefighter positions!	
Work on completing your <b>2-year degree</b> in Fire Technology	Go to <a href="http://www.chabotfire.com">www.chabotfire.com</a> and Click 2 Year Degree to see colleges offering degrees	A degree won't guarantee you a job; it will provide you with valuable knowledge, skills & abilities	
Work on completing your <b>4-year degree</b> in any subject	Go to <a href="http://www.chabotfire.com">www.chabotfire.com</a> and Click 4 Year Degree to see colleges offering degrees	If you ever want to promote to Captain or higher, a 4-year degree is a necessity.	
Start <b>Volunteering</b> your time	Go to: <a href="http://www.chabotfire.com">www.chabotfire.com</a> - Click Volunteer	Keep track of your hours for your resume; ANY type of volunteer work is better than none	
Create your <b>Resume</b>	Go to: <a href="http://www.chabotfire.com">www.chabotfire.com</a> - Click Firefighter Hiring Process	Keep it up-to-date and continue to modify it and add things to it.	
Don't get any <b>Tattoos</b> that are visible in shorts and a t-shirt.	N/A	N/A	
Keep yourself <b>appropriately groomed</b> (no beards, short hair, no goatees or soul patches)	N/A	N/A	
<b>Stay out of trouble</b> so you don't disqualify yourself before getting considered for a Firefighter position!	N/A	Just follow the suggestion in the task to the left!	
Learn the locations of every <b>fire station</b> in your city.	Local fire department website, internet.	Plot them on a map for future reference.	
Visit a <b>fire station</b> within the city you live.	Local fire department website.	Ask for a tour of the station and the apparatus, come prepared with questions to ask them, dress nicely, bring a desert.	
Visit another <b>fire station</b> within the city you live.	Local fire department website.	Ask for a tour of the station and the apparatus, come prepared with questions to ask them, dress nicely, bring a desert.	
Visit a <b>fire station</b> in a city outside of where you live that has a Truck company.	Fire department website.	Ask for a tour of the station and the apparatus, come prepared with questions to ask them, dress nicely, bring a desert.	